

FAZZARI'S PIZZA INVITATIONAL

Hosted by: Lewis Clark Neptune Swimming (A Combined Meet)



LEWISTON, IDAHO

May 19-20, 2012

**Sanctioned by Inland Empire, USA-S#____ & Inland
Northwest Masters Swimming, USMS #03520519**

*Held under the sanction of USA Swimming, and Inland Empire Swimming, Inc, and
Inland Northwest Masters Swimming, United States Masters Swimming.*

*In granting this sanction, it is understood and agreed that USA Swimming (USA-S) and
Inland Empire Swimming (IES) shall be free and held harmless from any liabilities or claims
for damages arising by reason of injuries to anyone during the conduct of the event. Use of
audio or visual recording, including the use of a cell phone camera, is not allowed in
changing areas, rest rooms or locker rooms.*

- HOST:** Lewis Clark Neptune Swimming (LCN) & Lewis Clark Neptune Masters (LCNM)
- LOCATION:** Orchards Pool, 1301 Airway Ave, Lewiston, Idaho, 83501
- FACILITY:** Outdoor 50 Meter course, six lanes, each approx. 7 1/2 feet wide, with flow-through anti-turbulence lane ropes. Starting area depth exceeds 8 feet, except for 200 relay exchanges which will make the 50 and 150 exchanges (3 and a half foot depth area) by water start as required by USA Swimming Technical Rule 103.2.3.A. The competition course has not been certified in accordance with 104.2.2C(4). The "designated deck area" will be enforced. Only swimmers, coaches, officials, and meet workers are permitted in the deck area. Spectators will not be allowed in the deck area without proof of current USA Swimming membership. The deck area is considered to be: a 3 foot area from the edge of the pool, together with the area behind the start platforms up to the timer chairs, and also the entire deck area on the South side (street side) of the pool. Handicap accessibility to the pool deck and locker rooms are available.
- MEET FORMAT:** This will be a timed finals meet.
- All swimmers may enter 5 individual events per day and 1 relay event per day. The 1500 meter freestyle will be deck seeded, fastest to slowest and will alternate boys and girls. Check in for the 1500 free must be done by 11:00 a.m. on Saturday May 19th. Swimmers swimming the 1500 must provide their own lap counter and timer.

SCHEDULE:

Warm-up lanes lane assignments will be posted on deck and in the meet program. Meet Marshals will be present during warm up.

Saturday May 19, 2012:

USMS Warm Ups: 7:30-8:00 a.m.

USAS Warm Ups: 8:00 – 8:45 a.m.

Officials Meeting: 8:10 a.m.

Coaches Meeting: 8:45 a.m.

Meet Starts: 09:00 a.m.

Sunday May 20, 2012:

USMS Warm Ups: 7:30-8:00 a.m.

USAS Warm Ups: 8:00-8:45 a.m.

Officials Meeting: 8:10 a.m.

Coaches Meeting: 8:45 a.m.

Meet Starts: 09:00 a.m.

RULES:

This is a Combined Meet with USA Swimming and US Masters Swimming each granting a sanction to approve this meet. Current USA Swimming rules will govern the meet. The rules and procedures of Inland Empire Swimming will also apply.

Inland Empire scratch rules will be in effect. The meet referee shall be the final authority for the conduct of the competition. Any protests or questions concerning the outcome of an event should be directed to the Meet Referee by the coach of that team. USA Swimming athletes participating without a coach must report to the meet referee at the start of the warm-up session for instructions. Coaches for USA Swimming competitors must be 2012 USA Swimming members. These coaches must provide proof of certification upon request by the meet referee. Masters athletes must be currently registered with USMS and provide a signed declaration of intent and a copy of USMS card. Athletes with a disability are welcome; requests for accommodations for any disabled swimmer should be directed to the Meet Referee and the Meet Director **PRIOR TO THE MEET.**

The Meet Referee may schedule ten-minute breaks during the competition, at her discretion.

ELIGIBILITY:

Open to all swimmers who are registered for 2012 with USA-S or USMS. Registration numbers must accompany the USMS entries. Age on the first day of the meet determines the age group to enter. Athletes with disabilities are welcome and are asked to provide notice of necessary accommodations. **NO DECK ENTRIES ARE PERMITTED EXCEPT AT THE DISCRETION OF THE MEET REFEREE AND MEET DIRECTOR.**

SUBMITTING ENTRIES:

Entries will be limited to the first 400 swimmers. All entries must be METER times. Entries may be submitted by either of the following methods:

- 1.) E-mail Hy-tek Commlink file for individual events and relays. Please also e-mail a *Meet Entries Report* for individual and relay events sorted by swimmer and exported as a Word document. Please check the *Meet Entries Report* for accuracy before you send your entries.
- 2.) Use the IES Master Entry Form [http://www.ieswim.org/wzielsc/UserFiles/File/MASTERENTRYFORM\(1\).pdf](http://www.ieswim.org/wzielsc/UserFiles/File/MASTERENTRYFORM(1).pdf) . Fill out form completely. Age and registration numbers are required. Enter the entry times for all swimmers directly on the form. Complete and send the Meet Summary Form also.
- 3.) USMS members only: use the USMS entry form at the end of this document.

Please include the name, phone number, and email of a contact person for entry questions.

The USA-Swimming SWIMS database requires that ALL swimmer data be correct before any meet data (swimmer times) will be loaded into the USA-Swimming database. If you know of any swimmer data that is NOT correct in the meet

database please notify the meet referee as soon as possible. The appropriate changes will be made. The data will be sent to USA Swimming within 3 days of the meet. Thanks for your cooperation.

ENTRY FEES: Entry Fee of \$3.00 per individual event per swimmer, plus a \$10.00 surcharge per swimmer and a \$12.00 fee per relay team must be paid with entries. **Teams should submit one check made payable to LCN.** Entries will not be accepted until fees are received. Entry fees are non-refundable. ***NO deck entries will be allowed for either USAS or USMS swimmers.***

ENTRY DEADLINE: Entries must be received no later than **Wednesday May 9, 2012.** If you have questions concerning your entries, please contact Chris or Nicole Engledow at **NMCraft@aol.com** or (208) 553-7143. E-mail entries to: **NMCraft@aol.com**
Please send checks and hand entered entries by **non-registered** mail to: Lewis Clark Neptune Swimming
Chris & Nicole Engledow
20228 Clearwater Dr.
Lewiston, ID 83501

AWARDS: Awards will be given to first through 6th place finishers in each USAS event. Relays will be given awards for 1st – 3rd place in each USAS event. First place high point awards will be given for the following USAS age groups: 8 & under girls, 8 & under boys, 9-10 girls, 9-10 boys, 11-12 girls, 11-12 boys, 13-14 girls, 13-14 boys, 15-16 girls, 15-16 boys, 17 & over girls, 17 & over boys. **No awards will be given for USMS swimmers.**

SCORING: All events that are swum as 12 & under, 13 & over, and open, will be scored in their individual age groups with the exception of the relays. Events will be scored 1st through 6th place. Swimmers will only score in their IES approved age group events. Individual team scores will not be recorded. High point awards will be announced and presented at the conclusion of the meet.

OFFICIALS:

Meet Directors:	Nicole Engledow & Brenda McKenzie , (208) 553-7143 NMCraft@aol.com
Meet Referee:	Teri Madill b.madill@comcast.net
Meet Starter:	Jerry Geideman
Stroke & Turn:	Kacee Hayes, Shawn McFarland, Brenda McKenzie, & Mike Marbach

TIMING: Help from visiting teams will be greatly appreciated. Timing assignments for each team will be posted at the pool.

CONCESSIONS: Concessions will be available during the meet.

OTHER: The Orchards pool is surrounded by a grassy field that is available for spectators and swimmers. Few bleachers are provided, so it is suggested that you bring chairs and canopies for shade. USAS rules regarding weather will be in effect and refunds will not be given due to cancellation of meet due to weather.

CAMPING: Camping (tent or RV) is available at the fair-grounds (directly across the street from the pool) for \$25.00/night for hook ups and \$13.00/night for tent sites (fee is per tent). **Payment must be made to the meet director via check (to LCN) or cash ON ARRIVAL.** Camping is available both Friday May 18, 2012 and Saturday May 20th.

Other Camp Sites:

Hells Gate State Park: (RV & tents) (located on the Snake River)
Call (208) 799-5015 ASAP for reservations
(Lewiston, Idaho)

Hells Canyon RV Park: (RV) (located further down Snake River)
Call (509) 758-6963

Granite Lake RV Park: (RV) (located on the Snake River)
Call (509) 751-1635 to make reservations

POOL RULES:

NO GLASS ON OR AROUND POOL DECK

ONLY SWIMMERS, COACHES, OFFICIALS AND MEET WORKERS ARE PERMITTED IN THE DECK AREA WITHOUT PROOF OF CURRENT USA SWIMMING MEMBERSHIP. THE DECK AREA IS CONSIDERED TO BE A 3 FOOT AREA FROM THE EDGE OF THE POOL AND BEHIND THE START PLATFORMS UP TO THE TIME CHAIRS.

DIRECTIONS: From North (US 95/US 195), East (US 12) or South (US 95):

At bottom of Lewiston Hill, take Lewiston Exit (US 12). Proceed across Clearwater River, and after crossing Memorial Bridge turn left at first signal light (21st Street). Continue up 21st street approx. 1 mile, and continue up Thain Grade (slight veer to left). At top of Thain Grade (Walmart), continue on Thain approx. 1 mile to signal light at Bryden Ave. (just past Rosauer's). Make a left turn onto Bryden Ave, and proceed one-half mile to end of Bryden (13th Street). Right turn on 13th Street, one short block to Airway Ave. Orchards Pool is on your left. Parking lot is at other end of pool.

From West (US 12):

As you enter Clarkston outskirts, you will pass by the Clarkston Golf and Country Club. First intersection after the golf course is 15th Street. Make a right turn on 15th Street, and proceed approx. 2 miles to traffic signal at Fleshman Way. Turn left; proceed down Fleshman Way (IN RIGHT LANE) (approx. 1 mile to Snake River), change to left lane as you cross river, and continue up Bryden Canyon. From top of Bryden Canyon, continue another 2 miles on Bryden Ave. to signal light at Thain (just past Rosauer's). Continue straight on Bryden Ave, and proceed one-half mile to end of Bryden (13th Street). Right turn on 13th Street, one short block to Airway Ave. Orchards Pool is on your left. Parking lot is at other end of pool.

HOTELS:

****All Hotels within the area are within 4 miles of the pool**

PLEASE SEE ATTACHED FLYER ON LAST PAGE OF THIS ENTRY FORM FOR THE SPONSORING HOTEL: GUESTHOUSE INN (RATES: \$55.99/ OR \$63.99)

Quality Inn, Clarkston, WA (509) 758-9500 (on river)

Motel 6, Clarkston, WA (509) 758-1621

Comfort Inn, Lewiston, ID (208) 798-8090

Red Lion, Lewiston, ID (208) 799-1000

Holiday Inn, Lewiston, ID (208) 750-1600

Inn American, Lewiston, ID (208) 746-4600

*****BE SURE TO MAKE HOTEL RESERVATIONS EARLY!!!**

Camping/ RV: (see above under camping)

Camping is available at the Fair Grounds, directly across from the pool.
(see above under camping)

ACTIVITES:

Asotin County Family Aquatic Center: Water slides, Wave Pool with 4 foot

WavesII, Lazy River, and "Zero Depth" entry pool. Info Hot-Line: (509) 243-2001

Golf: Bryden Canyon Golf Course (208) 746-0863

Lewiston Golf & Country Club (208) 798-0483

Quail Ridge Golf Course (509) 758-8501

Movies: Orchards Cinema 3323 10th St. Lewiston (by Rosauer's)

Village Centre Cinemas, 2920 Nez Perce, Lewiston (208) 798-8080

Other: Gateway Golf Center - 18 hole natural grass miniature golf putting green course. Course located near

Restrictions:

TOBACCO PRODUCTS OF ANY KIND, ALCOHOLIC BEVERAGES AND GLASS CONTAINERS ARE NOT ALLOWED IN THE SWIMMING VENUE. NO SHAVING.

USE OF AUDIO OR VISUAL RECORDING DEVICES, INCLUDING A CELL PHONE, IS NOT PERMITTED IN CHANGING AREAS, REST ROOMS OR LOCKER ROOMS.

FAZZARI'S INVITATIONAL

MAY 19-20, 2012 EVENTS

(Odd numbers are girl's/women's events, even numbers are boy's/men's events.)

Saturday: May 19, 2012

Event # Event Age Group

Session 1

1-2 200 IM 12 & under
3-4 400 IM 13 & over
5-6 200 Medley Relay 12 & under
7-8 400 Medley Relay 13 & over
9-10 100 Back 12 & under
11-12 200 Back 13 & over
13-14 50 Breast 12 & under
15-16 100 Breast 13 & over

15 minute break before session 2

Session 2

17-18 100 Free 12 & under
19-20 100 Free 13 & over
21-22 100 Fly 12 & under
23-24 200 Fly 13 & over
25-26 1500 Free Open

Sunday: May 20, 2012

Event# Event Age Group

Session 3

27-28 400 Free Open
29-30 200 Free Relay 12 & under
31-32 400 Free Relay 13 & over
33-34 50 fly 12 & under
35-36 100 fly 13 & over
37-38 12 & under 200 free
39-40 13 & over 200 free
41-42 12 & under 100 breast

15 minute break before session 3

Session 4

43-44 13 & over 200 Breast
45-46 12 & under 50 Back
47-48 13 & over 100 Back
49-50 12 & under 50 Free
51-52 13 & over 50 Free

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LEWISTON, IDAHO

MAY 19-20, 2012

VISITING TEAM INFORMATION:

TEAM: _____
COACH: _____
ADDRESS: _____

PHONE: _____
E-MAIL: _____
ENTRIES PREPARED BY: _____
PHONE: _____
E-MAIL: _____

ENTRY FEE TABULATION:

Surcharge # of swimmers _____ x \$10.00 = _____

Individual Events # of events _____ x \$3.00 = _____

Relays # relays _____ x \$12.00 = _____

TOTAL----- \$ _____

of USAS Swimmers: _____ # of USMS swimmers: _____

Make checks payable to: LCN

Mail entries to: LCN

Chris & Nicole Engledow
20228 Clearwater Dr.
Lewiston, ID 83501

Please waive signature for delivery



All Masters Swimmers MUST complete this waiver and submit it with entry. This waiver must be received prior to competition or the athlete will not be eligible to participate.

“I, the undersigned participant, intending to be legally bound, hereby certify that I am physically fit and have not been otherwise informed by a physician. I acknowledge that I am aware of all the risks inherent in Masters swimming (training and competition), including possible permanent disability or death, and agree to assume all of those risks. AS A CONDITION OF MY PARTICIPATION IN THE MASTERS SWIMMING PROGRAM OR ANY ACTIVITIES INCIDENT THERETO, I HEREBY WAIVE ANY AND ALL RIGHTS TO CLAIMS FOR LOSS OR DAMAGES, INCLUDING ALL CLAIMS FOR LOSS OR DAMAGES CAUSED BY THE NEGLIGENCE, ACTIVE OR PASSIVE, OF THE FOLLOWING: UNITED STATES MASTERS SWIMMING INC., THE LOCAL MASTERS SWIMMING COMMITTEES, THE CLUBS, HOST FACILITIES, MEET SPONSORS, MEET COMMITTEES OR ANY INDIVIDUALS OFFICIATING AT THE MEETS OR SUPERVISING SUCH ACTIVITIES. In addition, I agree to abide by and be governed by the rules of USMS.”

Printed Name

Date

X

Signature

Club/Team

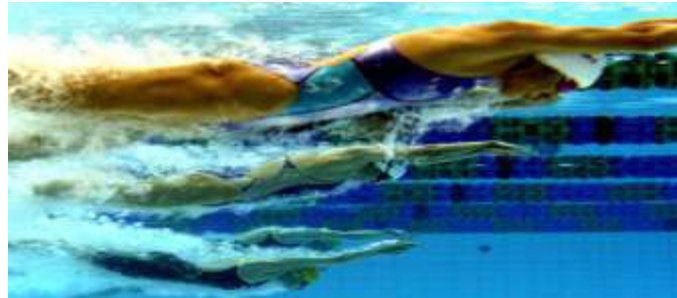
If event entries are not included with USA-Swimming team's above, use entry form below. Odd event #s are Women's, even event #s are Men's. Enter using Long Course Meter times or a 1.1x multiplier from Short Course Yards.

USMS #: Birthdate: Age: Gender M / F

Saturday: May 19, 2012		Sunday: May 20, 2012	
Event #	Event/Age Group	Event #	Event/Age Group
<i>Session 1</i>		<i>Session 3</i>	
3-4	400 IM 13 & over _____	27-28	400 Free Open _____
7-8	400 Medley Relay 13 & over _____	31-32	400 Free Relay 13 & over _____
11-12	200 Back 13 & over _____	35-36	100 Fly 13 & over _____
15-16	100 Breast 13 & over _____	39-40	200 Free 13 & over _____
15 minute break before session 2		15 minute break before session 4	
<i>Session 2</i>		<i>Session 4</i>	
19-20	100 Free 13 & over _____	43-44	200 Breast 13 & over _____
23-24	200 Fly 13 & over _____	47-48	100 Back 13 & over _____
25-26	1500 Free Open _____	51-52	50 Free 13 & over _____

Welcome to Lewiston/Clarkston!!

We would love to host
You for the upcoming
Lewiston's Swim
Meet



Special

\$55.99 / \$63.99

1-Queen Bed 2-Queen Beds or King
Free Deluxe Breakfast featuring Hot Waffles
Interior Corridors for Security
Free High Speed Wireless Internet
Refrigerator & Microwaves in each room
24-Hour Hot Tub and Fitness Room
Guest Laundry
Complimentary Meeting Space
Fast Food and Restaurants within walking distance



Guest House Inn & Suites
1325 Main Street
Lewiston, ID 83501
Call Cindy Bullock
(208) 746-3311

