

**LCM Records - 7/29/2012****Inland NW - Records**

Women 18-24 50 Free	30.98	7/10/1982	Zoe Baumann - SPO
Women 18-24 100 Free	1:08.02	7/10/1982	Zoe Baumann - SPO
Women 18-24 200 Free	2:29.14	7/25/1992	Cherese Eder - SPO
Women 18-24 400 Free	5:33.06	7/26/1982	Cherese Eder - SPO
Women 18-24 800 Free	11:55.59	7/13/1986	Alice Horn - TCM
Women 18-24 1500 Free	23:02.16		Becky Bennett - YAK
Women 18-24 50 Back	36.79	6/9/2012	Lana Lawrence - LCM
Women 18-24 100 Back	1:23.59	6/9/2012	Lana Lawrence - LCM
Women 18-24 200 Back	2:51.50	6/9/2012	Lana Lawrence - LCM
Women 18-24 50 Breast	42.40	7/13/1985	Anne Cronney - TCM
Women 18-24 100 Breast	1:30.55	7/25/1992	Cherese Eder - SPO
Women 18-24 200 Breast	3:39.90		Becky Bennett - YAK
Women 18-24 50 Fly	37.02	7/10/1982	Zoe Baumann - SPO
Women 18-24 100 Fly	1:26.83	6/9/2012	Lana Lawrence - LCM
Women 18-24 200 Fly	3:40.22		Becky Bennett - YAK
Women 18-24 200 IM	2:50.00	7/25/1992	Cherese Eder - SPO
Women 18-24 400 IM	6:28.74	7/10/1982	Zoe Baumann - SPO
Women 25-29 50 Free	29.09	7/10/1982	Lori Clark - ELL
Women 25-29 100 Free	1:08.82	8/21/1986	Kim Veenstra - TCM
Women 25-29 200 Free	2:26.55	4/28/1984	Catherine Chay - UCM
Women 25-29 400 Free	5:05.68	4/28/1984	Catherine Chay - UCM
Women 25-29 800 Free	14:03.02	7/13/1986	Jennifer Tanner - TCM
Women 25-29 1500 Free	19:58.09	4/28/1984	Catherine Chay - UCM
Women 25-29 50 Back	32.87	8/25/1982	Lori Clark - ELL
Women 25-29 100 Back	1:15.06	8/25/1982	Lori Clark - ELL
Women 25-29 200 Back	2:51.52	8/25/1982	Lori Clark - ELL
Women 25-29 50 Breast	39.47	8/22/1986	Kim Veenstra - TCM
Women 25-29 100 Breast	1:24.34	8/22/1977	Mary Phelan - UCM
Women 25-29 200 Breast	3:03.28	8/22/1977	Mary Phelan - UCM
Women 25-29 50 Fly	31.16	8/25/1982	Lori Clark - ELL
Women 25-29 100 Fly	1:15.80	8/3/1986	Carol Corsberg - MON
Women 25-29 200 Fly	2:49.21	8/25/1982	Catherine Chay - UCM
Women 25-29 200 IM	2:46.72	8/25/1982	Lori Clark - ELL
Women 25-29 400 IM	5:51.55	8/2/1986	Carol Corsberg - MON
Women 30-34 50 Free	28.84	8/21/1986	Lori Clark - ELL
Women 30-34 100 Free	1:14.01	8/25/1982	Robbie Chandler - ELL
Women 30-34 200 Free	2:24.73	8/22/1986	Catherine Chay - UCM
Women 30-34 400 Free	4:59.99	8/21/1986	Catherine Chay - UCM
Women 30-34 800 Free	10:29.03	8/3/1986	Catherine Chay - UCM
Women 30-34 1500 Free	19:18.71	8/24/1986	Catherine Chay - UCM
Women 30-34 50 Back	33.01	8/22/1986	Lori Clark - ELL
Women 30-34 100 Back	1:13.26	8/23/1986	Lori Clark - ELL
Women 30-34 200 Back	2:50.64	8/21/1986	Lori Clark - ELL
Women 30-34 50 Breast	41.46	8/25/1982	Robbie Chandler - ELL
Women 30-34 100 Breast	1:32.82	8/25/1982	Robbie Chandler - ELL
Women 30-34 200 Breast	3:24.36	8/25/1982	Robbie Chandler - ELL
Women 30-34 50 Fly	30.90	8/22/1986	Lori Clark - ELL
Women 30-34 100 Fly	1:42.31	8/22/1986	Robin Durant - YAK
Women 30-34 200 Fly	2:57.70	8/2/1986	Catherine Chay - UCM
Women 30-34 200 IM	2:41.24	8/22/1986	Lori Clark - ELL
Women 30-34 400 IM	5:47.88	8/23/1986	Catherine Chay - UCM
Women 35-39 50 Free	31.96	8/25/1982	Jandy Doak - SPO
Women 35-39 100 Free	1:12.84	8/25/1982	Jandy Doak - SPO
Women 35-39 200 Free	2:44.18	7/25/1992	Elin Zander - IEY
Women 35-39 400 Free	5:50.63	6/30/1992	Margaret Hair - CSF
Women 35-39 800 Free	11:56.02	7/25/1992	Elin Zander - IEY
Women 35-39 1500 Free	24:37.30	7/16/1995	Cindy Clutter - CSF
Women 35-39 50 Back	57.40	1974	Linda Walker - WWM

**LCM Records - 7/29/2012****Inland NW - Records**

Women 35-39 100 Back	1:29.91	8/3/1986	Heather DeWitt - IEY
Women 35-39 200 Back	3:31.15	7/25/1995	Margaret Hair - CSF
Women 35-39 50 Breast	44.55	6/30/1992	Margaret Hair - CSF
Women 35-39 100 Breast	1:36.89	7/25/1992	Elin Zander - IEY
Women 35-39 200 Breast	3:29.28	7/26/1992	Elin Zander - IEY
Women 35-39 50 Fly	34.60	8/23/1986	Heather DeWitt - IEY
Women 35-39 100 Fly	1:20.84	8/26/1986	Heather DeWitt - IEY
Women 35-39 200 Fly	3:18.94	8/25/1982	Carolyn Kent - CDA
Women 35-39 200 IM	3:01.86	8/22/1986	Heather DeWitt - IEY
Women 35-39 400 IM	6:31.77	8/23/1986	Heather DeWitt - IEY
Women 40-44 50 Free	31.51	6/13/2004	Susanne Simpson - SCM
Women 40-44 100 Free	1:05.07	6/13/2004	Susanne Simpson - SCM
Women 40-44 200 Free	2:12.75	3/30/2002	Susanne Simpson - SCM
Women 40-44 400 Free	4:39.93	6/13/2004	Susanne Simpson - SCM
Women 40-44 800 Free	9:41.90	6/13/2004	Susanne Simpson - SCM
Women 40-44 1500 Free	19:30.86	5/23/2004	Susanne Simpson - SCM
Women 40-44 50 Back	42.71	6/9/2012	Paige Buehler - MCM
Women 40-44 100 Back	1:36.39	5/20/2012	Paige Buehler - MCM
Women 40-44 200 Back	3:25.32	7/16/1995	Elin Zander - IEY
Women 40-44 50 Breast	43.11	7/16/1995	Elin Zander - IEY
Women 40-44 100 Breast	1:32.83	7/31/1994	Elin Zander - IEY
Women 40-44 200 Breast	3:20.21	8/27/1995	Elin Zander - IEY
Women 40-44 50 Fly	31.59	6/13/2004	Susanne Simpson - SCM
Women 40-44 100 Fly	1:06.91	3/30/2002	Susanne Simpson - SCM
Women 40-44 200 Fly	2:29.37	3/30/2002	Susanne Simpson - SCM
Women 40-44 200 IM	3:13.07	8/4/1996	Elin Zander - IEY
Women 40-44 400 IM	6:38.56	8/27/1995	Elin Zander - IEY
Women 45-49 50 Free	29.62	7/27/2005	Susanne Simpson - SCM
Women 45-49 100 Free	1:06.03	7/27/2005	Susanne Simpson - SCM
Women 45-49 200 Free	2:14.84	7/27/2005	Susanne Simpson - SCM
Women 45-49 400 Free	4:44.30	8/10/2006	Susanne Simpson - SCM
Women 45-49 800 Free	9:48.77	7/27/2005	Susanne Simpson - SCM
Women 45-49 1500 Free	24:06.04	8/17/2008	Cindy Clutter - LCM
Women 45-49 50 Back	46.91	8/3/1986	Jacky Galbraith - ELL
Women 45-49 100 Back	1:43.00	8/22/1986	Jacky Galbraith - ELL
Women 45-49 200 Back	3:14.28	6/30/1992	Carolyn Kent - CSF
Women 45-49 50 Breast	46.20	3/30/2002	Margaret Hair - LCM
Women 45-49 100 Breast	1:44.65	8/17/2008	Cindy Clutter - LCM
Women 45-49 200 Breast	3:43.36	3/30/2002	Margaret Hair - LCM
Women 45-49 50 Fly	32.51	7/27/2005	Susanne Simpson - SCM
Women 45-49 100 Fly	1:08.56	7/27/2005	Susanne Simpson - SCM
Women 45-49 200 Fly	2:32.07	7/27/2005	Susanne Simpson - SCM
Women 45-49 200 IM	3:10.70	3/30/2002	Margaret Hair - LCM
Women 45-49 400 IM	6:32.03	7/2/1992	Carolyn Kent - CSF
Women 50-54 50 Free	32.21	8/10/2006	Margaret Hair - LCM
Women 50-54 100 Free	1:15.10	7/27/2005	Margaret Hair - LCM
Women 50-54 200 Free	2:59.36	6/14/2008	Margaret Hair - LCM
Women 50-54 400 Free	5:47.30	5/20/2012	Amy Hinze - UNAT
Women 50-54 800 Free	12:37.06	8/17/2008	Margaret Hair - LCM
Women 50-54 1500 Free	24:17.67	6/14/2008	Margaret Hair - LCM
Women 50-54 50 Back	44.83	7/8/2006	Margaret Hair - LCM
Women 50-54 100 Back	1:41.00	6/14/2008	Margaret Hair - LCM
Women 50-54 200 Back	3:24.98	8/10/2006	Margaret Hair - LCM
Women 50-54 50 Breast	43.35	7/27/2005	Margaret Hair - LCM
Women 50-54 100 Breast	1:36.59	8/10/2006	Margaret Hair - LCM
Women 50-54 200 Breast	3:44.95	7/8/2006	Margaret Hair - LCM
Women 50-54 50 Fly	35.75	8/10/2006	Margaret Hair - LCM
Women 50-54 100 Fly	1:31.67	7/27/2005	Margaret Hair - LCM

**LCM Records - 7/29/2012****Inland NW - Records**

Women 50-54 200 Fly	3:37.02	7/8/2006	Margaret Hair - LCM
Women 50-54 200 IM	3:06.89	8/10/2006	Margaret Hair - LCM
Women 50-54 400 IM	6:53.56	7/27/2005	Margaret Hair - LCM
Women 55-59 50 Free	35.38	5/24/2010	Margaret Hair - LCM
Women 55-59 100 Free	1:22.92	8/8/2010	Margaret Hair - LCM
Women 55-59 200 Free	3:15.06	7/10/2011	Margaret Hair - LCM
Women 55-59 400 Free	6:39.70	6/9/2012	Margaret Hair - LCM
Women 55-59 800 Free	13:31.50	7/10/2011	Margaret Hair - LCM
Women 55-59 1500 Free	25:26.15	7/10/2011	Margaret Hair - LCM
Women 55-59 50 Back	50.92	6/9/2012	Margaret Hair - LCM
Women 55-59 100 Back	1:41.31	5/24/2010	Margaret Hair - LCM
Women 55-59 200 Back	3:39.38	5/24/2010	Margaret Hair - LCM
Women 55-59 50 Breast	47.73	8/8/2010	Margaret Hair - LCM
Women 55-59 100 Breast	1:58.44	6/9/2012	Margaret Hair - LCM
Women 55-59 200 Breast	3:50.64	8/8/2010	Margaret Hair - LCM
Women 55-59 50 Fly	41.38	5/24/2010	Margaret Hair - LCM
Women 55-59 100 Fly	1:41.24	7/10/2011	Margaret Hair - LCM
Women 55-59 200 Fly	3:54.25	8/8/2010	Margaret Hair - LCM
Women 55-59 200 IM	3:18.95	5/24/2010	Margaret Hair - LCM
Women 55-59 400 IM	7:26.54	7/10/2011	Margaret Hair - LCM
Women 60-64 50 Free	47.07	7/12/1986	Mariah Clarke - IEY
Women 60-64 100 Free	1:52.58	7/13/1986	Mariah Clarke - IEY
Women 60-64 200 Free	2:46.63	8/10/2006	Suzanne Dills - SCM
Women 60-64 400 Free	8:59.67	7/28/1984	Mariah Clarke - SPO
Women 60-64 800 Free	11:54.21	8/10/2006	Suzanne Dills - SCM
Women 60-64 1500 Free	33:25.42	7/27/1984	Mariah Clarke - SPO
Women 60-64 50 Back	53.59	8/17/2008	Shirley Schreiber - WVM
Women 60-64 100 Back	1:34.86	8/10/2006	Suzanne Dills - SCM
Women 60-64 200 Back	4:31.01	8/21/1986	Mariah Clarke - IEY
Women 60-64 50 Breast	55.92	8/17/2008	Jeanette Vallandigham - UNA
Women 60-64 100 Breast	2:00.22	8/17/2008	Shirley Schreiber - WVM
Women 60-64 200 Breast	4:58.57	8/17/2008	Jeanette Vallandigham - UNA
Women 60-64 50 Fly	43.66	8/17/2008	Carolyn MaGee - WVM
Women 60-64 100 Fly	1:47.95	8/17/2008	Carolyn MaGee - WVM
Women 60-64 200 Fly	4:10.56	8/17/2008	Carolyn MaGee - WVM
Women 60-64 200 IM	3:15.30	8/10/2006	Suzanne Dills - SCM
Women 60-64 400 IM	7:06.92	8/10/2006	Suzanne Dills - SCM
Women 65-69 50 Free	42.33	6/9/2012	Gloria Waggoner - LCM
Women 65-69 100 Free	2:00.21	8/2/1986	Jean Rudolph - UCM
Women 65-69 200 Free	NT		none
Women 65-69 400 Free	NT		none
Women 65-69 800 Free	20:28.24	7/10/2011	Jett Vallandigham - MCM
Women 65-69 1500 Free	NT		none
Women 65-69 50 Back	53.41	6/9/2012	Gloria Waggoner - LCM
Women 65-69 100 Back	2:21.12	8/2/1986	Jean Rudolph - UCM
Women 65-69 200 Back	NT		none
Women 65-69 50 Breast	53.55	6/9/2012	Gloria Waggoner - LCM
Women 65-69 100 Breast	2:28.95	7/10/2011	Jett Vallandigham - MCM
Women 65-69 200 Breast	4:24.60	6/9/2012	Gloria Waggoner - LCM
Women 65-69 50 Fly	1:07.93	8/2/1986	Jean Rudolph - UCM
Women 65-69 100 Fly	NT		none
Women 65-69 200 Fly	NT		none
Women 65-69 200 IM	NT		none
Women 65-69 400 IM	NT		none
Women 70-74 50 Free	55.49	7/26/1992	Jean Rudolph - MMS
Women 70-74 100 Free	2:07.73	7/26/1992	Jean Rudolph - MMS
Women 70-74 200 Free	NT		none
Women 70-74 400 Free	NT		none

**LCM Records - 7/29/2012****Inland NW - Records**

Women 70-74 800 Free	NT	none
Women 70-74 1500 Free	NT	none
Women 70-74 50 Back	NT	none
Women 70-74 100 Back	2:29.73	7/26/1992 Jean Rudolph - MMS
Women 70-74 200 Back	NT	none
Women 70-74 50 Breast	1:17.36	7/25/1992 Jean Rudolph - MMS
Women 70-74 100 Breast	2:43.35	8/17/2008 Peony Munger - WVM
Women 70-74 200 Breast	NT	none
Women 70-74 50 Fly	1:20.14	7/25/1992 Jean Rudolph - MMS
Women 70-74 100 Fly	2:43.35	8/17/2008 Peony Munger - WVM
Women 70-74 200 Fly	6:44.90	8/17/2008 Peony Munger - WVM
Women 70-74 200 IM	5:37.94	8/17/2008 Peony Munger - WVM
Women 70-74 400 IM	11:37.44	8/17/2008 Peony Munger - WVM
Women 75-79 50 Free	NT	none
Women 75-79 100 Free	NT	none
Women 75-79 200 Free	NT	none
Women 75-79 400 Free	NT	none
Women 75-79 800 Free	NT	none
Women 75-79 1500 Free	NT	none
Women 75-79 50 Back	NT	none
Women 75-79 100 Back	NT	none
Women 75-79 200 Back	NT	none
Women 75-79 50 Breast	NT	none
Women 75-79 100 Breast	NT	none
Women 75-79 200 Breast	NT	none
Women 75-79 50 Fly	NT	none
Women 75-79 100 Fly	NT	none
Women 75-79 200 Fly	NT	none
Women 75-79 200 IM	NT	none
Women 75-79 400 IM	NT	none
Women 80-84 50 Free	NT	none
Women 80-84 100 Free	NT	none
Women 80-84 200 Free	NT	none
Women 80-84 400 Free	NT	none
Women 80-84 800 Free	NT	none
Women 80-84 1500 Free	NT	none
Women 80-84 50 Back	NT	none
Women 80-84 100 Back	NT	none
Women 80-84 200 Back	NT	none
Women 80-84 50 Breast	NT	none
Women 80-84 100 Breast	NT	none
Women 80-84 200 Breast	NT	none
Women 80-84 50 Fly	NT	none
Women 80-84 100 Fly	NT	none
Women 80-84 200 Fly	NT	none
Women 80-84 200 IM	NT	none
Women 80-84 400 IM	NT	none
Women 85-89 50 Free	NT	none
Women 85-89 100 Free	NT	none
Women 85-89 200 Free	NT	none
Women 85-89 400 Free	NT	none
Women 85-89 800 Free	NT	none
Women 85-89 1500 Free	NT	none
Women 85-89 50 Back	NT	none
Women 85-89 100 Back	NT	none
Women 85-89 200 Back	NT	none
Women 85-89 50 Breast	NT	none
Women 85-89 100 Breast	NT	none

**LCM Records - 7/29/2012****Inland NW - Records**

Women 85-89 200 Breast	NT	none
Women 85-89 50 Fly	NT	none
Women 85-89 100 Fly	NT	none
Women 85-89 200 Fly	NT	none
Women 85-89 200 IM	NT	none
Women 85-89 400 IM	NT	none
Women 90-94 50 Free	NT	none
Women 90-94 100 Free	NT	none
Women 90-94 200 Free	NT	none
Women 90-94 400 Free	NT	none
Women 90-94 800 Free	NT	none
Women 90-94 1500 Free	NT	none
Women 90-94 50 Back	NT	none
Women 90-94 100 Back	NT	none
Women 90-94 200 Back	NT	none
Women 90-94 50 Breast	NT	none
Women 90-94 100 Breast	NT	none
Women 90-94 200 Breast	NT	none
Women 90-94 50 Fly	NT	none
Women 90-94 100 Fly	NT	none
Women 90-94 200 Fly	NT	none
Women 90-94 200 IM	NT	none
Women 90-94 400 IM	NT	none
Women 95-99 50 Free	NT	none
Women 95-99 100 Free	NT	none
Women 95-99 200 Free	NT	none
Women 95-99 400 Free	NT	none
Women 95-99 800 Free	NT	none
Women 95-99 1500 Free	NT	none
Women 95-99 50 Back	NT	none
Women 95-99 100 Back	NT	none
Women 95-99 200 Back	NT	none
Women 95-99 50 Breast	NT	none
Women 95-99 100 Breast	NT	none
Women 95-99 200 Breast	NT	none
Women 95-99 50 Fly	NT	none
Women 95-99 100 Fly	NT	none
Women 95-99 200 Fly	NT	none
Women 95-99 200 IM	NT	none
Women 95-99 400 IM	NT	none
Women 100-104 50 Free	NT	none
Women 100-104 100 Free	NT	none
Women 100-104 200 Free	NT	none
Women 100-104 400 Free	NT	none
Women 100-104 800 Free	NT	none
Women 100-104 1500 Free	NT	none
Women 100-104 50 Back	NT	none
Women 100-104 100 Back	NT	none
Women 100-104 200 Back	NT	none
Women 100-104 50 Breast	NT	none
Women 100-104 100 Breast	NT	none
Women 100-104 200 Breast	NT	none
Women 100-104 50 Fly	NT	none
Women 100-104 100 Fly	NT	none
Women 100-104 200 Fly	NT	none
Women 100-104 200 IM	NT	none
Women 100-104 400 IM	NT	none
Men 18-24 50 Free	30.94	7/10/1982 Jim Schmahl - SPO

**LCM Records - 7/29/2012****Inland NW - Records**

Men 18-24 100 Free	1:02.90	7/10/1982	Bernie Kingsly - CHE
Men 18-24 200 Free	2:19.09	6/1/1985	Mike Yacinich - WVM
Men 18-24 400 Free	NT		none
Men 18-24 800 Free	13:29.16	7/13/1986	Richard Miller - FAF
Men 18-24 1500 Free	26:45.84	7/27/1984	Bill Close - SPO
Men 18-24 50 Back	41.03	7/13/1986	Steve Fordham - TCM
Men 18-24 100 Back	NT		None
Men 18-24 200 Back	NT		None
Men 18-24 50 Breast	35.27	6/1/1985	Mike Yacinich - WVM
Men 18-24 100 Breast	1:19.69	6/1/1985	Mike Yacinich - WVM
Men 18-24 200 Breast	2:56.87	6/1/1985	Mike Yacinich - WVM
Men 18-24 50 Fly	29.19	7/10/1982	Bernie Kingsly - CHE
Men 18-24 100 Fly	1:08.39	7/10/1982	Bernie Kingsly - CHE
Men 18-24 200 Fly	NT		none
Men 18-24 200 IM	NT		none
Men 18-24 400 IM	NT		none
Men 25-29 50 Free	25.69	7/31/1994	Roy Berg - SCM
Men 25-29 100 Free	57.37	7/31/1994	Roy Berg - SCM
Men 25-29 200 Free	2:17.73	8/3/1986	Mark Morgan - FAF
Men 25-29 400 Free	4:59.15	7/31/1994	David Nichols - IEM
Men 25-29 800 Free	10:41.22	8/3/1986	Mark Morgan - FAF
Men 25-29 1500 Free	26:20.81	7/12/1985	Bill Close - SPO
Men 25-29 50 Back	32.35	7/14/1985	Craig Martin - WVM
Men 25-29 100 Back	1:09.91	7/31/1994	David Nichols - IEM
Men 25-29 200 Back	2:33.52	7/31/1994	David Nichols - IEM
Men 25-29 50 Breast	34.83	7/31/1994	Roy Berg - SCM
Men 25-29 100 Breast	1:25.13		Chris Anderson - SPO
Men 25-29 200 Breast	NT		none
Men 25-29 50 Fly	27.42	7/31/1994	Roy Berg - SCM
Men 25-29 100 Fly	1:02.15	7/31/1994	Roy Berg - SCM
Men 25-29 200 Fly	NT		none
Men 25-29 200 IM	3:07.18	7/10/1982	Wesley Franks - SPO
Men 25-29 400 IM	7:20.01	7/13/1985	Robert Dellwo - SPO
Men 30-34 50 Free	27.10	8/2/1986	John Kafentzis - IEY
Men 30-34 100 Free	1:00.10	6/5/2011	James Adams - WVM
Men 30-34 200 Free	2:12.80	6/12/2011	James Adams - WVM
Men 30-34 400 Free	4:47.68	7/9/2011	James Adams - WVM
Men 30-34 800 Free	9:58.05	6/5/2011	James Adams - WVM
Men 30-34 1500 Free	18:52.60	6/5/2011	James Adams - WVM
Men 30-34 50 Back	34.32	8/8/2010	James Adams - WVM
Men 30-34 100 Back	1:11.21	8/27/1995	Michael Dowhy - IEM
Men 30-34 200 Back	2:37.84	5/15/2011	James Adams - WVM
Men 30-34 50 Breast	36.30		Armin Arndt - SPO
Men 30-34 100 Breast	1:21.40		Armin Arndt - SPO
Men 30-34 200 Breast	2:58.19	6/5/2010	James Adams - WVM
Men 30-34 50 Fly	28.87	6/5/2011	James Adams - WVM
Men 30-34 100 Fly	1:04.48	6/5/2010	James Adams - WVM
Men 30-34 200 Fly	2:26.62	6/5/2011	James Adams - WVM
Men 30-34 200 IM	2:30.04	8/27/1995	Michael Dowhy - IEM
Men 30-34 400 IM	5:23.61	5/15/2011	James Adams - WVM
Men 35-39 50 Free	27.11	6/9/2012	James Adams - WVM
Men 35-39 100 Free	59.50	6/9/2012	James Adams - WVM
Men 35-39 200 Free	2:14.64	6/3/2012	James Adams - WVM
Men 35-39 400 Free	4:45.87	6/3/2012	James Adams - WVM
Men 35-39 800 Free	9:56.43	6/3/2012	James Adams - WVM
Men 35-39 1500 Free	19:20.45	7/29/2012	James Adams - WVM
Men 35-39 50 Back	34.00	6/9/2012	James Adams - WVM
Men 35-39 100 Back	1:14.59	6/9/2012	James Adams - WVM

**LCM Records - 7/29/2012****Inland NW - Records**

Men 35-39 200 Back	2:44.50	6/3/2012	James Adams - WVM
Men 35-39 50 Breast	34.47	8/21/1986	Steve Holloway - MON
Men 35-39 100 Breast	1:16.91	8/22/1977	Armin Arndt - SPO
Men 35-39 200 Breast	3:01.52	6/3/2012	James Adams - WVM
Men 35-39 50 Fly	29.45	6/3/2012	James Adams - WVM
Men 35-39 100 Fly	1:05.99	7/29/2012	James Adams - WVM
Men 35-39 200 Fly	2:30.24	6/3/2012	James Adams - WVM
Men 35-39 200 IM	2:33.78	6/3/2012	James Adams - WVM
Men 35-39 400 IM	5:23.77	6/3/2012	James Adams - WVM
Men 40-44 50 Free	28.09	7/27/2005	Murray Allen - SCM
Men 40-44 100 Free	1:02.59	7/27/2005	Murray Allen - SCM
Men 40-44 200 Free	2:41.18	8/25/1982	Don Wallace - SPO
Men 40-44 400 Free	5:40.32	8/25/1982	Don Wallace - SPO
Men 40-44 800 Free	NT		none
Men 40-44 1500 Free	22:56.90	7/12/1985	Don Wallace - SPO
Men 40-44 50 Back	34.65	8/27/1995	Joe Terhaar - IEM
Men 40-44 100 Back	1:30.17	4/28/1984	Don Wallace - SPO
Men 40-44 200 Back	2:46.99	8/27/1995	Joe Terhaar - IEM
Men 40-44 50 Breast	33.97	8/4/1996	Jay Walters - IEM
Men 40-44 100 Breast	1:16.57	8/4/1996	Jay Walters - IEM
Men 40-44 200 Breast	2:52.79	8/25/1982	Armin Arndt - SPO
Men 40-44 50 Fly	31.11	7/27/2005	Murray Allen - SCM
Men 40-44 100 Fly	1:16.11	7/27/2005	Murray Allen - SCM
Men 40-44 200 Fly	3:21.26	8/27/1995	Joe Terhaar - IEM
Men 40-44 200 IM	2:50.01	7/25/1992	Michael Smith - IEY
Men 40-44 400 IM	6:09.13	8/25/1982	Armin Arndt - SPO
Men 45-49 50 Free	25.57	3/30/2002	Larry Krauser - SCM
Men 45-49 100 Free	57.15	3/30/2002	Larry Krauser - SCM
Men 45-49 200 Free	2:05.87	3/30/2002	Larry Krauser - SCM
Men 45-49 400 Free	4:33.88	3/30/2002	Larry Krauser - SCM
Men 45-49 800 Free	9:42.17	3/30/2002	Larry Krauser - SCM
Men 45-49 1500 Free	18:41.01	8/19/2001	Larry Krauser - SCM
Men 45-49 50 Back	33.36	6/9/2012	Wes Bratton - TCAS
Men 45-49 100 Back	1:17.60	6/9/2012	Wes Bratton - TCAS
Men 45-49 200 Back	2:46.90	6/9/2012	Wes Bratton - TCAS
Men 45-49 50 Breast	36.35	8/22/1986	Armin Arndt - WAM
Men 45-49 100 Breast	1:19.88	8/21/1986	Armin Arndt - WAM
Men 45-49 200 Breast	3:01.39	6/10/2012	Harm-Jan Steenhuis - SWAT
Men 45-49 50 Fly	35.24	7/12/1986	Jim Dukelow - SCM
Men 45-49 100 Fly	1:12.39	8/19/2001	Larry Krauser - SCM
Men 45-49 200 Fly	4:12.59	8/2/1986	Jim Dukelow - TCM
Men 45-49 200 IM	2:48.31	6/9/2012	Wes Bratton - TCAS
Men 45-49 400 IM	6:31.72	8/2/1986	Armin Arndt - WAM
Men 50-54 50 Free	25.79	8/10/2003	Larry Krauser - SCM
Men 50-54 100 Free	57.37	8/10/2003	Larry Krauser - SCM
Men 50-54 200 Free	2:06.21	8/10/2003	Larry Krauser - SCM
Men 50-54 400 Free	4:34.87	7/27/2005	Larry Krauser - SCM
Men 50-54 800 Free	9:34.00	7/27/2005	Larry Krauser - SCM
Men 50-54 1500 Free	18:15.68	8/14/2005	Larry Krauser - SCM
Men 50-54 50 Back	32.99	8/4/2005	Larry Krauser - SCM
Men 50-54 100 Back	1:14.54	5/24/2010	Michael Hamm - LCM
Men 50-54 200 Back	2:39.38	8/14/2005	Larry Krauser - SCM
Men 50-54 50 Breast	34.38	5/24/2010	Michael Hamm - LCM
Men 50-54 100 Breast	1:23.47	8/22/1986	David Daboll - IEY
Men 50-54 200 Breast	2:49.52	5/24/2010	Michael Hamm - LCM
Men 50-54 50 Fly	29.37	8/14/2005	Larry Krauser - SCM
Men 50-54 100 Fly	1:18.79	5/23/2004	Larry Krauser - SCM
Men 50-54 200 Fly	2:51.94	5/23/2004	Larry Krauser - SCM

**LCM Records - 7/29/2012****Inland NW - Records**

Men 50-54 200 IM	2:37.43	5/24/2010	Michael Hamm - LCM
Men 50-54 400 IM	5:42.34	8/14/2005	Larry Krauser - SCM
Men 55-59 50 Free	26.35	4/24/2008	Larry Krauser - SCM
Men 55-59 100 Free	58.78	4/24/2008	Larry Krauser - SCM
Men 55-59 200 Free	2:10.62	8/17/2008	Larry Krauser - SCM
Men 55-59 400 Free	4:41.46	4/24/2008	Larry Krauser - SCM
Men 55-59 800 Free	9:46.83	4/24/2008	Larry Krauser - SCM
Men 55-59 1500 Free	19:12.17	8/17/2008	Larry Krauser - SCM
Men 55-59 50 Back	38.95	7/21/1985	Charles Sheldon - UCM
Men 55-59 100 Back	1:28.92	7/21/1982	Charles Sheldon - UCM
Men 55-59 200 Back	2:43.68	8/6/2010	Larry Krauser - SCM
Men 55-59 50 Breast	35.88	6/30/1992	David Daboll - CSF
Men 55-59 100 Breast	1:22.71	8/23/1992	David Daboll - CSF
Men 55-59 200 Breast	3:09.54	7/3/1992	David Daboll - CSF
Men 55-59 50 Fly	35.31	8/2/1986	Charles Sheldon - UCM
Men 55-59 100 Fly	1:50.92	8/22/1986	Jack Griffin - TCM
Men 55-59 200 Fly	4:22.43	8/21/1986	Jack Griffin - TCM
Men 55-59 200 IM	3:00.71	8/23/1992	David Daboll - CSF
Men 55-59 400 IM	6:31.62	8/23/1992	David Daboll - CSF
Men 60-64 50 Free	32.96	7/10/1982	Bill Odman - SPO
Men 60-64 100 Free	1:13.73	8/25/1982	Bill Odman - SPO
Men 60-64 200 Free	2:50.99	8/25/1982	Bill Odman - SPO
Men 60-64 400 Free	6:06.64	8/25/1982	Bill Odman - SPO
Men 60-64 800 Free	16:34.63	8/3/1986	Wilford Dolphin - SNA
Men 60-64 1500 Free	27:03.66	7/27/1984	Bill Odman - SPO
Men 60-64 50 Back	44.00	7/12/1986	Wilford Dolphin - SNA
Men 60-64 100 Back	1:37.05	8/22/1986	Wilford Dolphin - SNA
Men 60-64 200 Back	3:28.24	8/3/1986	Wilford Dolphin - SNA
Men 60-64 50 Breast	51.77	8/21/1986	Wilford Dolphin - SNA
Men 60-64 100 Breast	1:51.99	8/2/1986	Wilford Dolphin - SNA
Men 60-64 200 Breast	5:06.34	7/29/1984	Aubrey Dodd - TCM
Men 60-64 50 Fly	39.90	7/10/1982	Bill Odman - SPO
Men 60-64 100 Fly	2:39.49	8/3/1986	Aubrey Dodd - TCM
Men 60-64 200 Fly	NT		none
Men 60-64 200 IM	3:51.13	8/22/1986	Wilford Dolphin - SNA
Men 60-64 400 IM	8:27.81	8/1/1986	Wilford Dolphin - SNA
Men 65-69 50 Free	33.66	8/17/2008	Wayne Brown - WVM
Men 65-69 100 Free	1:16.25	8/22/1986	Bill Odman - SPO
Men 65-69 200 Free	2:52.43	8/22/1986	Bill Odman - SPO
Men 65-69 400 Free	6:28.71	7/21/1985	Bill Odman - SPO
Men 65-69 800 Free	14:02.01	8/3/1986	Bill Odman - SPO
Men 65-69 1500 Free	27:48.64	7/10/1982	Roland Portman - SPO
Men 65-69 50 Back	46.94	7/26/1992	Wilford Dolphin - SPO
Men 65-69 100 Back	1:42.75	7/26/1992	Wilford Dolphin - SPO
Men 65-69 200 Back	NT		none
Men 65-69 50 Breast	41.10	8/17/2008	Wayne Brown - WVM
Men 65-69 100 Breast	1:37.78	8/17/2008	Wayne Brown - WVM
Men 65-69 200 Breast	3:46.63	8/17/2008	Wayne Brown - WVM
Men 65-69 50 Fly	1:00.94	8/4/1996	John Milton - UNA
Men 65-69 100 Fly	2:35.63	8/4/1996	John Milton - UNA
Men 65-69 200 Fly	5:41.42	8/4/1996	John Milton - UNA
Men 65-69 200 IM	4:08.15	7/25/1992	Wilford Dolphin - SPO
Men 65-69 400 IM	10:05.89	8/4/1996	John Milton - UNA
Men 70-74 50 Free	37.06	7/14/1985	Roland Portman - SPO
Men 70-74 100 Free	1:26.40	7/29/1984	Roland Portman - SPO
Men 70-74 200 Free	3:04.26	8/17/2008	Earl Ellis - UNA
Men 70-74 400 Free	6:39.81	8/17/2008	Earl Ellis - UNA
Men 70-74 800 Free	13:19.65	8/17/2008	Earl Ellis - UNA



## LCM Records - 7/29/2012

## Inland NW - Records

Men 70-74 1500 Free	NT		none
Men 70-74 50 Back	47.40	8/4/1996	Wil Dolphin - IEM
Men 70-74 100 Back	1:45.98	8/4/1996	Wil Dolphin - IEM
Men 70-74 200 Back	3:54.77	8/4/1996	Wil Dolphin - IEM
Men 70-74 50 Breast	53.67	8/22/1986	C.J. Hamilton - CAC
Men 70-74 100 Breast	2:01.15	8/21/1986	C.J. Hamilton - CAC
Men 70-74 200 Breast	4:22.25	8/4/1996	Wil Dolphin - IEM
Men 70-74 50 Fly	NT		none
Men 70-74 100 Fly	NT		none
Men 70-74 200 Fly	NT		none
Men 70-74 200 IM	4:17.98	8/4/1996	Wil Dolphin - IEM
Men 70-74 400 IM	NT		none
Men 75-79 50 Free	37.30	8/27/1995	Bill Odman - UNA
Men 75-79 100 Free	1:26.27	8/27/1995	Bill Odman - UNA
Men 75-79 200 Free	3:30.37	8/17/2008	Jack Bevier - WVM
Men 75-79 400 Free	7:44.49	8/7/2008	Jack Bevier - WVM
Men 75-79 800 Free	NT		none
Men 75-79 1500 Free	30:09.64	8/17/2008	Jack Bevier - WVM
Men 75-79 50 Back	NT		none
Men 75-79 100 Back	NT		none
Men 75-79 200 Back	NT		none
Men 75-79 50 Breast	NT		none
Men 75-79 100 Breast	NT		none
Men 75-79 200 Breast	NT		none
Men 75-79 50 Fly	NT		none
Men 75-79 100 Fly	NT		none
Men 75-79 200 Fly	NT		none
Men 75-79 200 IM	NT		none
Men 75-79 400 IM	NT		none
Men 80-84 50 Free	NT		none
Men 80-84 100 Free	NT		none
Men 80-84 200 Free	NT		none
Men 80-84 400 Free	NT		none
Men 80-84 800 Free	23:50.26	7/31/1994	C.J. Hamilton - IEM
Men 80-84 1500 Free	NT		none
Men 80-84 50 Back	NT		none
Men 80-84 100 Back	NT		none
Men 80-84 200 Back	NT		none
Men 80-84 50 Breast	NT		none
Men 80-84 100 Breast	2:27.80	7/31/1994	C.J. Hamilton - IEM
Men 80-84 200 Breast	5:25.81	7/31/1994	C.J. Hamilton - IEM
Men 80-84 50 Fly	NT		none
Men 80-84 100 Fly	3:15.34	7/31/1994	C.J. Hamilton - IEM
Men 80-84 200 Fly	6:50.65	7/31/1994	C.J. Hamilton - IEM
Men 80-84 200 IM	NT		none
Men 80-84 400 IM	13:16.38	7/31/1994	C.J. Hamilton - IEM
Men 85-89 50 Free	NT		none
Men 85-89 100 Free	NT		none
Men 85-89 200 Free	NT		none
Men 85-89 400 Free	NT		none
Men 85-89 800 Free	NT		none
Men 85-89 1500 Free	NT		none
Men 85-89 50 Back	NT		none
Men 85-89 100 Back	NT		none
Men 85-89 200 Back	NT		none
Men 85-89 50 Breast	NT		none
Men 85-89 100 Breast	NT		none
Men 85-89 200 Breast	NT		none

**LCM Records - 7/29/2012****Inland NW - Records**

Men 85-89 50 Fly	NT	none
Men 85-89 100 Fly	NT	none
Men 85-89 200 Fly	NT	none
Men 85-89 200 IM	NT	none
Men 85-89 400 IM	NT	none
Men 90-94 50 Free	NT	none
Men 90-94 100 Free	NT	none
Men 90-94 200 Free	NT	none
Men 90-94 400 Free	NT	none
Men 90-94 800 Free	NT	none
Men 90-94 1500 Free	NT	none
Men 90-94 50 Back	NT	none
Men 90-94 100 Back	NT	none
Men 90-94 200 Back	NT	none
Men 90-94 50 Breast	NT	none
Men 90-94 100 Breast	NT	none
Men 90-94 200 Breast	NT	none
Men 90-94 50 Fly	NT	none
Men 90-94 100 Fly	NT	none
Men 90-94 200 Fly	NT	none
Men 90-94 200 IM	NT	none
Men 90-94 400 IM	NT	none
Men 95-99 50 Free	NT	none
Men 95-99 100 Free	NT	none
Men 95-99 200 Free	NT	none
Men 95-99 400 Free	NT	none
Men 95-99 800 Free	NT	none
Men 95-99 1500 Free	NT	none
Men 95-99 50 Back	NT	none
Men 95-99 100 Back	NT	none
Men 95-99 200 Back	NT	none
Men 95-99 50 Breast	NT	none
Men 95-99 100 Breast	NT	none
Men 95-99 200 Breast	NT	none
Men 95-99 50 Fly	NT	none
Men 95-99 100 Fly	NT	none
Men 95-99 200 Fly	NT	none
Men 95-99 200 IM	NT	none
Men 95-99 400 IM	NT	none
Men 100-104 50 Free	NT	none
Men 100-104 100 Free	NT	none
Men 100-104 200 Free	NT	none
Men 100-104 400 Free	NT	none
Men 100-104 800 Free	NT	none
Men 100-104 1500 Free	NT	none
Men 100-104 50 Back	NT	none
Men 100-104 100 Back	NT	none
Men 100-104 200 Back	NT	none
Men 100-104 50 Breast	NT	none
Men 100-104 100 Breast	NT	none
Men 100-104 200 Breast	NT	none
Men 100-104 50 Fly	NT	none
Men 100-104 100 Fly	NT	none
Men 100-104 200 Fly	NT	none
Men 100-104 200 IM	NT	none
Men 100-104 400 IM	NT	none