

## SCM Records - 6/1/10

### NW Zone Relays

200 Free Relay			
Women 72-99	2:07.25	2/18/2007	PNA- Nicole Theberge Anika Ahmed, Elisha Naylor, Shona Pierce
Women 100-119	2:05.39	1/17/1997	PNA- Karin Gardner Veronica Bowman, Sherry Vansant, Ann Lemke
Women 120-159	2:02.28	10/4/1997	UTA- Priscilla Kawakami Heather Creel, Stacey Tobey, Julie Bills
Women 160-199	1:58.02	11/20/2005	MAC- Lauren Thies Sharon Foley, Robin Parisi, Laura Tyrrell
Women 200-239	2:12.18	12/5/1999	ORE- Jackie Quattro Joy Ward, Jeanne Teisher, Mary Jackson
Women 240-279	3:55.78	3/4/1990	PNA- Maxine Carlson Maryan Burke, Carolyn Baldwin, Lee Holm
Women 280-319	4:13.31	12/15/1991	PNA- Maryan Burke Maxine Carlson, Lee Holm, Pat Matthiesen
Women 320-359	NT		
Women 360-399	NT		
Men 72-99	2:06.52	2/14/1988	IEM- Leonard Washinski Keith Berry, Rick Gardner, Bob Zipperer
Men 100-119	1:44.28	11/13/2004	ORE- Sean Swain Nathan Johnsen, Kevin Cleary, Curtis Taylor
Men 120-159	1:40.64	6/24/1994	PNA- Craig Mallery Tom Seifts, Rick Peterson, Kameron Wells
Men 160-199	1:45.39	12/5/1999	MAC- David Burleson Daniel Knauer, Robert Maestre, Robert Kabacy
Men 200-239	1:49.56	11/14/2009	ORE- Bill Sumerfield David Hathaway, Steve Mann, Brent Washburne
Men 240-279	1:50.57	11/19/2006	ORE- Dennis Baker Bert Petersen, Tom Landis, Robert Smith
Men 280-319	2:13.84	12/1/1990	ORE- Earl Walter Forbes Mack, Gerald Huestis, Andrew Holden
Men 320-359	2:35.71	12/5/1999	ORE- Earl Walter Gerald Huestis, Andrew Holden, Allan De Lay
Men 360-399	NT		
Mixed 72-99	1:57.10	2/18/2007	PNA- Mark Fanning Shona Pierce, Erin Jacobson, Shingo Ito
Mixed 100-119	1:54.14	11/8/1992	ORE- Matthew Roth Timothy Waud, Gracie Goddard, Leissa Mills
Mixed 120-159	1:52.92	2/20/2005	PNA- Margaret Pizer Mark Arnold, Renee Hukkanen, Kirk Nelson
Mixed 160-199	1:50.61	11/20/2005	MAC- Lauren Thies Robin Parisi, Douglas Otto, Troy Drawz
Mixed 200-239	1:58.55	12/10/2005	AK- Rick Abbott Paula Smith, Colny Tucker, Joel Curtis
Mixed 240-279	2:06.56	12/7/2003	ORE- Robert Smith Barbara Frid, Joy Ward, Tom Landis
Mixed 280-319	2:41.20	6/26/1994	ORE- Gerald Huestis Pauline Stangel, Earl Walter, Petey Smith
Mixed 320-359	3:16.43	12/15/2002	ORE- Gilbert Young Norma Bernardi, Margaret Wells, Andrew Holden
Mixed 360-399	NT		

none

200 Medley Relay				
Women 72-99	2:22.24	1/20/1990	PNA- Julie Corman	Beth Brenner, Stefanie Fersch, Carol Brown
Women 100-119	2:20.91	2/20/2005	PNA- Jennifer Evans	Noel Geary, Jen Mesler, Krys Postma
Women 120-159	2:14.74	12/13/2009	ORE- Karen Andrus-Hughes	Aubree Gustafson, Erin Popelka, Megan Lassen
Women 160-199	2:18.89	11/20/2005	MAC- Laura Tyrrell	Lauren Thies, Robin Parisi, Sharon Foley
Women 200-239	2:16.23	11/20/2005	ORE-Valerie Jenkins	Collette Crabbe, Joy Ward, Karen Andrus-Hughes
Women 240-279	2:41.53	2/17/2008	ORE- Barbara Frid	Ginger Pierson, Joy Ward, Sandi Rousseau
Women 280-319	4:07.40	10/31/1993	PNA- Maxine Carlson	Patricia Dotson, Marion Mueller, Pat Matthiesen
Women 320-359	NT			
Women 360-399	NT			none
Men 72-99	2:00.40	1/20/1990	PNA- Frank Warner	Greg Harrison, Steve Freeborn, Steve Schmidt
Men 100-119	1:55.62	6/4/1994	PNA- Robert Welcher	Kameron Wells, Paul Sherman, Craig Mallery
Men 120-159	1:56.57	10/8/2000	ORE-Peter Metzger	Radek Posposil, Dixon Soracco, Steve Parmentier
Men 160-199	2:00.18	12/9/2000	ORE- Peter Metzger	Allen Stark, Steve Parmentier, Ron Richards
Men 200-239	2:04.85	11/15/1998	OMS- Robert Smith	Allen Stark, Chris Roth, George Thayer
Men 240-279	2:03.09	11/19/2006	ORE- Wes Edwards	Allen Stark, Bert Petersen, Robert Smith
Men 280-319	2:36.92	12/1/1990	ORE- Earl Walter	Forbes Mack, Andrew Holden, Gerald Huestis
Men 320-359	3:00.90	12/5/1999	ORE- Earl Walter	Gerald Huestis, Andrew Holden, Allan De Lay
Men 360-399	NT			none
Mixed 72-99	2:20.06	12/13/2009	ORE- Olivia Schane	Thomas Esser, Elizabeth Esser, Bryan Wiepert
Mixed 100-119	2:10.25	10/4/1997	UTA- Kimberly Smith	Jaron Russon, Kyle Treadway, Amy Sharp
Mixed 120-159	2:04.29	11/15/1998	ORE- Steve George	Pat Allender, Shauna Simpson, Lisa Hjerpe
Mixed 160-199	2:04.33	11/19/2006	PNA- Zena Courtney	Jon Baca, Lisa Dahl, Bob Fish
Mixed 200-239	2:01.94	11/19/2006	ORE- Karen Andrus-Hughes	Allen Stark, Arlene Delmage, Wes Edwards
Mixed 240-279	2:59.83	5/16/1988	PNA- Warren Kleist	Cynthia Rosik, Tom Taylor, Muriel Flynn
Mixed 280-319	3:08.35	6/26/1994	ORE- Gerald Huestis	Pauline Stangel, Earl Walter, Petey Smith
Mixed 320-359	3:52.27	12/14/2002	ORE- Norma Bernardi	Margaret Wells, Andrew Holden, Gilbert Young
Mixed 360-399	NT			none

400 Free Relay				
Women 72-99	5:11.09	2/1/1987	IEM- Louise Walls	Kimberly Dolen, Susan Hancock, Sharon Schneider
Women 100-119	5:21.70	2/6/1994	IEM- Tracie Harang	Cindy Clutter, Bridget Bero, Janet Poorman
Women 120-159	4:35.90	12/13/2009	ORE- Serena Johnson	Anne Molenda, Kealey Sitler, Kathleen Thayer
Women 160-199	5:05.23	4/16/2000	ORE- Barbara Harris	Amy Halligan, Jani Sutherland, Kristin Juba
Women 200-239	4:24.69	5/16/2010	ORE-Karen Andrus-Hughes	Colette Crabbe, Arlene Delmage, Valerie Jenkins
Women 240-279	6:10.16	10/11/2009	ORE- Joy Ward	Esther Ellis, Jeanna Summers, Elizabeth Budd
Women 280-319	9:19.61	10/31/1993	PNA- Maxine Carlson	Pat Matthiesen, Marion Mueller, Janet Kavadas
Women 320-359	NT			none
Women 360-399	NT			none
Men 72-99	NT			none
Men 100-119	4:05.65	5/16/2010	ORE- Alec Schramek	Nick Thorpe, Kevin Cleary, Benjamin Weston
Men 120-159	3:46.23	6/24/1994	PNA- Paul Sherman	Kameron Wells, Tom Seifts, Craig Mallery
Men 160-199	3:53.98	8/23/2003	PNA- Paul Sherman	Rick Peterson, Tom Seifts, Craig Mallery
Men 200-239	4:00.74	10/11/2009	ORE- Brent Washburne	Wes Edwards, Pat Allender, David Hathaway
Men 240-279	4:04.88	5/18/2008	ORE- Tom Landis	Wes Edwards, Mike Tennant, Robert Smith
Men 280-319	5:20.66	11/16/1997	ORE- Earl Walter	Gil Young, Eric Guest, David Radcliff
Men 320-359	NT			none
Men 360-399	NT			none
Mixed 72-99	4:28.14	12/15/1991	PNA- Justin Farabee	David Parson, Pamela Stalter, Tammi Keeler
Mixed 100-119	4:18.43	5/16/2010	ORE- Alec Schramek	Sandra Ludwig, Amy Kasenga, Benjamin Weston
Mixed 120-159	4:09.82	10/13/1996	UTA- Priscilla Kawakami	Doug Fadel, Kimberly Smith, Dennis Tesch
Mixed 160-199	4:08.63	11/13/2004	ORE-Karen Andrus-Hughes	Gano Butcher, Valerie Jenkins, Keith Peters
Mixed 200-239	4:27.43	12/5/1999	ORE- Mary Jackson	Tom Coffey, Joy Ward, Robert Smith
Mixed 240-279	5:06.15	9/11/2004	ORE- Janet Gettling	Joy Ward, George Thayer, Robert Smith
Mixed 280-319	5:05.69	12/13/2009	ORE- Karen Andrus-Hughes	David Radcliff, Barbara Frid, Willard Lamb
Mixed 320-359	NT			none
Mixed 360-399	NT			none

400 Medley Relay				
Women 72-99	5:36.18	11/14/1993	IEM- Susan Gambrel Cherese Eder, Monica Weaver, Nancy Kyle	
Women 100-119	5:30.67	6/24/1994	PNA- Jennifer Ogle Jennifer Bates, Gail Bruner, Ellen Forney	
Women 120-159	5:24.50	12/13/2009	ORE- Maresa Jackson Anne Molenda, Serena Johnson, Kathleen Thayer	
Women 160-199	5:42.71	4/16/2000	ORE- Barbara Harris Kristin Juba, Amy Halligan, Jani Sutherland	
Women 200-239	4:52.08	5/16/2010	ORE- Valerie Jenkins Colette Crabbe, Arlene Delmage, Karen Andrus-Hughe	
Women 240-279	5:43.15	11/14/2009	ORE- Joy Ward Ginger Pierson, MJ Caswell, Sandi Rousseau	
Women 280-319	NT			none
Women 320-359	NT			none
Women 360-399	NT			none
Men 72-99	NT			none
Men 100-119	4:14.71	6/24/1994	PNA- Rob Welcher Kameron Wells, Paul Sherman, Craig Mallery	
Men 120-159	4:14.08	11/15/1998	ORE- Matthew Roth Pat Allender, Bill Zolna, Steve George	
Men 160-199	4:12.45	12/7/2003	ORE- John Keppeler John Hudson, Pat Allender, Mike Tennant	
Men 200-239	4:23.87	10/11/2009	ORE- Wes Edwards Pat Allender, David Hathaway, Brent Washburne	
Men 240-279	4:56.40	11/13/2004	ORE- Robert Smith Allen Stark, Tom Landis, David Radcliff	
Men 280-319	6:25.20	1/20/1991	ORE- Earl Walter Robert Morrison, Andrew Holden, Forbes Mack	
Men 320-359	NT			none
Men 360-399	NT			none
Mixed 72-99	NT			none
Mixed 100-119	5:04.59	12/13/2009	ORE- Erin Kirkwood Curtis Nees, Kevin Cleary, Aubree Gustafson	
Mixed 120-159	4:57.90	5/16/2010	ORE- Brent Washburne Patrick Allender, Briana Willia,, Elizabeth Esser	
Mixed 160-199	4:22.74	9/9/2007	ORE- Karen Andrus-Hughes Chip Polito, Arlene Delmage, Curtis Taylor	
Mixed 200-239	4:36.34	11/13/2004	ORE-Karen Andrus-Hughes Allen Stark, Colette Crabbe, Larry Philbrick	
Mixed 240-279	4:43.20	12/3/2009	ORE- Karen Andrus-Hughes Allen Stark, Colette Crabbe, David Radcliff	
Mixed 280-319	NT			none
Mixed 320-359	NT			none
Mixed 360-399	NT			none

800 Free Relay			
Women 72-99	15:17.51	10/13/1996	UTA- Tanya Matthews Jennifer Thompson, Esther Gutierrez, Akiko Shimizu
Women 100-119	11:35.29	2/11/1990	IEM- Sharon Schneider Lynne Slaughter, Susan Kirkland, Vicki Marsh
Women 120-159	11:31.73	2/12/1989	IEM- Sharon Schneider Laurie Nelson, Heather Henager, Elin Zander
Women 160-199	10:50.58	5/4/2002	ORE- Sara Quan Mary Sweat, Jani Sutherland, Laura Schob
Women 200-239	12:11.34	4/16/2000	ORE- Pam Himstreet Peggy Whiter, Cathy Imwalle, Laura Schob
Women 240-279	NT		none
Women 280-319	NT		none
Women 320-359	NT		none
Women 360-399	NT		none
Men 72-99	10:01.91	2/12/1989	IEM- Joe Kinney John Cyr, Don Gibbs, Ryan Cooper
Men 100-119	8:51.34	6/24/1994	PNA- Rob Welcher Paul Sherman, Andrew Roth, Tom Seifts
Men 120-159	8:55.93	10/13/1996	UTA- Dennis Tesch Brian Ward, Doug Fadel, Kyle Treadway
Men 160-199	8:51.68	8/22/2003	PNA- Craig Mallery Leo Espinosa, Matthew Lind, Paul Sherman
Men 200-239	8:50.25	12/13/2009	ORE- Patrick Allender David Hathaway, Stephen Kevan, Brent Washburne
Men 240-279	9:29.56	12/7/2003	ORE-Steve Johnson David Radcliff, Bob Bruce, Tom Landis
Men 280-319	12:36.13	12/14/2002	ORE- Andrew Holden Gilbert Young, Bert Petersen, Robert Smith
Men 320-359	NT		none
Men 360-399	NT		none
Mixed 72-99	10:23.53	2/4/1988	IEM- Ken Wagnon Jane Giese, Greg Giese, Renee Crampton
Mixed 100-119	9:03.67	11/15/1998	ORE- Matthew Roth Bill Zolna, Lisa Hjerpe, Shauna Simpson
Mixed 120-159	10:02.58	11/15/1998	ORE- Chris Roth Sandi Rousseau, Lisa Gorsline, Phillip King
Mixed 160-199	9:44.81	4/16/2000	ORE- Robert Bruce Amy Halligan, Barbara Harris, Tom Landis
Mixed 200-239	9:36.62	11/24/2001	IEM- Suzanne Dills Michael Veith, Susanne Simpson, Larry Krauser
Mixed 240-279	17:09.28	2/14/1988	IEM- Bill Odman Sr. Madonna Buder, Bill Harrison, Marilyn Bashore
Mixed 280-319	NT		none
Mixed 320-359	NT		none
Mixed 360-399	NT		none