

## Inland NW LMSC SCY Championships - 4/5/2014 to 4/6/2014

## Results

**Women 18-24 50 Yard Free**

Name	Age	Team	Finals Time
1 Morlan, Heather M	21	PSM-36	26.93
2 Hierschbiel, Elizabeth	24	MCM	31.01
3 Edde, Emilie	23	MCM	36.63

**Women 18-24 100 Yard Free**

1 Morlan, Heather M	21	PSM-36	56.26
	27.29	28.97	
2 Wyman, Ayla	24	MCM	1:14.12
3 Edde, Emilie	23	MCM	1:19.87
	39.18	40.69	

**Women 18-24 200 Yard Free Mixed**

1 Morlan, Heather M	21	PSM-36	2:02.08
	27.94	30.41	30.97
			32.76
2 Edde, Emilie	23	MCM	2:59.10
	41.09	45.61	47.52
			44.88

**Women 18-24 500 Yard Free**

1 Edde, Emilie	23	MCM	8:15.02
	44.00	49.40	50.65
			52.03
	51.25	50.91	50.81
			50.47
	50.47	45.03	

**Women 18-24 50 Yard Back**

1 Wyman, Ayla	24	MCM	44.59
2 Edde, Emilie	23	MCM	49.27

**Women 18-24 100 Yard Back Mixed**

1 Edde, Emilie	23	MCM	1:41.80
	50.79	51.01	

**Women 18-24 50 Yard Breast**

1 Morlan, Heather M	21	PSM-36	35.94
2 Hierschbiel, Elizabeth	24	MCM	39.74
3 Wyman, Ayla	24	MCM	44.26

**Women 18-24 50 Yard Fly Mixed**

1 Wyman, Ayla	24	MCM	43.98
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**Women 18-24 100 Yard IM**

1 Morlan, Heather M	21	PSM-36	1:07.47
	31.33	36.14	
2 Hierschbiel, Elizabeth	24	MCM	1:18.22
	35.95	42.27	
3 Wyman, Ayla	24	MCM	1:31.10
	46.11	44.99	

**Women 18-24 200 Yard IM**

1 Morlan, Heather M	21	PSM-36	2:26.69
	31.03	37.81	43.97
			33.88
2 Wyman, Ayla	24	MCM	3:20.27
	45.67	55.40	54.44
			44.76

**Women 25-29 50 Yard Free**

1 Ng, Elizabeth L	25	MCM	31.00
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**Women 25-29 50 Yard Breast**

1 Ng, Elizabeth L	25	MCM	37.91
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**Women 25-29 50 Yard Fly Mixed**

1 Ng, Elizabeth L	25	MCM	34.34
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**Women 25-29 100 Yard IM**

1 Ng, Elizabeth L	25	MCM	1:16.56
	36.49	40.07	

**Women 30-34 50 Yard Breast**

1 Noble Stuen, Andrea J	31	MCM	52.84
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**Women 35-39 50 Yard Free**

1 Nelson, Amber L	38	STRG	29.24
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**Women 35-39 100 Yard Free**

1 Adam, Claire E	36	MCM	1:16.38
	37.37	39.01	

**Women 35-39 200 Yard Free Mixed**

1 Amarasinghe, Kathy	38	WWM	2:37.17
	36.01	39.86	41.68
			39.62
2 Adam, Claire E	36	MCM	2:47.10
	38.80	42.23	43.42
			42.65

**Women 35-39 500 Yard Free**

1 Adam, Claire E	36	MCM	7:15.19
	39.48	43.65	44.39
			44.53
	44.64	44.11	44.09
			44.27
	44.20	41.83	

**Women 35-39 1000 Yard Free**

1 Adam, Claire E	36	MCM	14:41.41
	40.21	43.72	45.42
			45.02
	44.30	44.70	44.89
			44.40
	44.29	44.27	44.13
			44.41
	44.39	44.21	44.32
			44.53
	43.53	44.03	43.76
			42.88

**Women 35-39 50 Yard Back**

1 Nelson, Amber L	38	STRG	33.95
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**Women 35-39 100 Yard Breast**

1 Amarasinghe, Kathy	38	WWM	1:30.22
	42.96	47.26	

**Women 35-39 50 Yard Fly Mixed**

1 Nelson, Amber L	38	STRG	33.50
2 Amarasinghe, Kathy	38	WWM	38.07

**Women 35-39 100 Yard Fly**

1 Amarasinghe, Kathy	38	WWM	1:28.09
	39.43	48.66	

**Women 35-39 100 Yard IM**

1 Nelson, Amber L	38	STRG	1:13.44
	33.69	39.75	
2 Adam, Claire E	36	MCM	1:32.40
	44.54	47.86	

**Women 40-44 50 Yard Free**

1 Farrell Guizar, Kathy	41	WWM	29.35
2 Eriksson, Marie H	44	MCM	31.62

**Women 40-44 1000 Yard Free**

1 Farrell Guizar, Kathy	41	WWM	13:21.86
	34.95	38.92	39.90
			40.10
	40.35	40.35	40.37
			40.65
	40.50	40.40	40.16
			40.29
	40.32	40.48	40.49
			40.54
	41.25	41.10	41.09
			39.65

**Women 40-44 100 Yard Breast**

1 Eriksson, Marie H	44	MCM	1:26.88
	41.46	45.42	

**Women 40-44 50 Yard Fly Mixed**

1 Farrell Guizar, Kathy	41	WWM	36.00
2 Eriksson, Marie H	44	MCM	37.08

**Women 40-44 100 Yard IM**

1 Eriksson, Marie H	44	MCM	1:17.25
	36.66	40.59	

**Women 45-49 50 Yard Free**

1 Morlan, CJ	49	PSM-36	34.08
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**Women 45-49 100 Yard Free**

1 Morlan, CJ	49	PSM-36	1:18.44
	36.33	42.11	

**Women 45-49 200 Yard Free Mixed**

1 Morlan, CJ	49	PSM-36	2:50.55
	37.17	43.22	45.04
			45.12

**Women 45-49 100 Yard Back Mixed**

1 Morlan, CJ	49	PSM-36	1:26.32
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**Women 45-49 100 Yard IM**

1 Morlan, CJ	49	PSM-36	1:27.50
	39.42	48.08	

**Women 45-49 400 Yard IM**

1 Morlan, CJ	49	PSM-36	6:56.41
	46.42	55.64	50.81
			51.63
	57.29	1:00.29	47.67
			46.66

**Women 55-59 50 Yard Free**

1 Hair, Margaret	59	LCNM-35	33.11
2 Leffingwell, Jeanne	59	MCM	39.57
3 Williams, Carole A	56	RHM-35	39.89

**Women 55-59 100 Yard Free**

1 Hair, Margaret	59	LCNM-35	1:11.53
	34.52	37.01	

**Women 55-59 1000 Yard Free**

1 Williams, Carole A	56	RHM-35	18:38.89
	49.04	54.08	55.05
			56.35
	56.00	57.02	55.60
			56.34
	56.74	55.93	56.51
			57.03
	55.96	56.59	56.36
			57.82
	57.55	56.69	56.46
			55.77

## Inland NW LMSC SCY Championships - 4/5/2014 to 4/6/2014

## Results

**(Women 55-59 1000 Yard Free)**

2	Leffingwell, Jeanne	59	MCM	18:55.74
	44.40	51.17	53.72	58.95
	1:00.73	59.02	58.59	57.95
	58.18	58.36	58.84	59.15
	56.85	57.30	56.73	57.24
	57.21	57.58	57.94	55.83

**Women 55-59 50 Yard Back**

1	Whiteley, Debbie	55	LCNM-35	1:13.85
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**Women 55-59 100 Yard Back Mixed**

1	Hair, Margaret	59	LCNM-35	1:27.92
	42.43	45.49		
2	Whiteley, Debbie	55	LCNM-35	2:39.79
	1:17.41	1:22.38		

**Women 55-59 50 Yard Fly Mixed**

1	Hair, Margaret	59	LCNM-35	37.50
2	Williams, Carole A	56	RHM-35	58.71

**Women 55-59 100 Yard IM**

1	Hair, Margaret	59	LCNM-35	1:20.00
	37.61	42.39		

**Women 55-59 200 Yard IM**

1	Hair, Margaret	59	LCNM-35	3:04.31
	39.56	48.93	52.88	42.94

**Women 60-64 50 Yard Free**

1	Wendel, Teresa L	61	WVM	41.42
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**Women 60-64 100 Yard Free**

1	Wendel, Teresa L	61	WVM	1:36.06
	45.64	50.42		

**Women 60-64 200 Yard Free Mixed**

1	Wendel, Teresa L	61	WVM	3:36.47
	48.22	55.70	57.92	54.63

**Women 60-64 50 Yard Back**

1	Wendel, Teresa L	61	WVM	49.72
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**Women 60-64 100 Yard Back Mixed**

1	Wendel, Teresa L	61	WVM	1:58.82
	1:59.27			

**Women 80-84 50 Yard Free**

1	Haase, Jane M	82	WVM	1:03.90
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**Women 80-84 100 Yard Free**

1	Haase, Jane M	82	WVM	2:16.58
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**Women 80-84 50 Yard Back**

1	Haase, Jane M	82	WVM	1:32.04
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**Women 80-84 50 Yard Breast**

1	Haase, Jane M	82	WVM	1:46.67
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**Women 80-84 100 Yard IM**

---	Haase, Jane M	82	WVM	DQ
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**Women 90-94 50 Yard Free**

1	Rudolph, Jean C	92	MCM	1:44.12
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**Women 90-94 50 Yard Back**

1	Rudolph, Jean C	92	MCM	1:47.85
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**Women 90-94 100 Yard Back Mixed**

1	Rudolph, Jean C	92	MCM	3:34.85
	1:43.34	1:51.51		

**Women 90-94 50 Yard Breast**

1	Rudolph, Jean C	92	MCM	2:21.33
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**Women 90-94 100 Yard Breast**

1	Rudolph, Jean C	92	MCM	5:07.63
	2:23.80	2:43.83		

**Men 18-24 100 Yard Free**

1	Edde, Matthew L	24	MCM	52.29
	25.34	26.95		

**Men 18-24 200 Yard Free Mixed**

1	Edde, Matthew L	24	MCM	1:56.52
	27.86	29.09	30.46	29.11
2	Daggs, Adam H	22	MCM	2:00.49
	27.24	30.79	31.45	31.01

**Men 18-24 500 Yard Free**

1	Edde, Matthew L	24	MCM	5:26.94
	29.14	30.98	32.08	33.08
	33.56	33.38	33.53	34.97
	33.96	32.26		

**Men 18-24 100 Yard Back Mixed**

1	Edde, Matthew L	24	MCM	1:13.95
	37.48	36.47		

**Men 18-24 100 Yard Breast**

1	Daggs, Adam H	22	MCM	1:13.80
	34.50	39.30		

**Men 18-24 100 Yard Fly**

1	Edde, Matthew L	24	MCM	1:01.01
	28.18	32.83		

**Men 18-24 100 Yard IM**

1	Edde, Matthew L	24	MCM	1:09.48
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**Men 18-24 200 Yard IM**

1	Daggs, Adam H	22	MCM	2:23.17
	29.47	35.64	43.57	34.49

**Men 25-29 50 Yard Free**

1	Brosious, Bryan	28	MCM	26.17
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**Men 25-29 100 Yard Free**

1	Brosious, Bryan	28	MCM	55.76
	27.23	28.53		
2	Eck, Evan	27	UC31-31	1:00.47
	29.09	31.38		

**Men 25-29 500 Yard Free**

1	Eck, Evan	27	UC31-31	6:02.97
	32.30	36.42	36.97	36.57
	36.52	36.31	37.40	37.43
	37.45	35.60		

**Men 25-29 1000 Yard Free**

1	Eck, Evan	27	UC31-31	12:23.29
	31.31	35.10	36.89	37.18
	37.95	38.14	38.02	38.10
	38.26	38.32	38.15	38.05
	38.19	38.54	38.10	37.56
	37.30	37.37	36.05	34.71

**Men 25-29 1650 Yard Free**

1	Eck, Evan	27	UC31-31	21:09.13
	31.79	35.52	37.30	37.86
	38.40	38.59		
	38.91	38.74	39.28	39.07
	38.74	39.02	39.26	39.20
	38.99	1:17.96	39.13	39.39
	39.21	38.85	39.04	39.38
	39.31	38.89	38.73	38.32
	38.79	38.15	38.13	37.94
	38.06			

**Men 25-29 50 Yard Back**

1	Brosious, Bryan	28	MCM	32.19
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**Men 25-29 50 Yard Fly Mixed**

1	Brosious, Bryan	28	MCM	28.58
2	Eck, Evan	27	UC31-31	36.14

**Men 25-29 100 Yard Fly**

1	Eck, Evan	27	UC31-31	1:20.65
	35.96	44.69		

**Men 25-29 100 Yard IM**

1	Brosious, Bryan	28	MCM	1:04.52
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**Men 25-29 200 Yard IM**

1	Brosious, Bryan	28	MCM	2:32.08
	31.71	39.22	46.20	34.95

**Men 35-39 50 Yard Free**

1	Hansen, Thomas	36	WVM	24.38
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**Men 35-39 100 Yard Free**

1	Hansen, Thomas	36	WVM	54.83
	26.32	28.51		

**Men 35-39 200 Yard Free Mixed**

1	Adams, James A	36	WVM	1:56.05
	27.21	29.77	30.12	28.95

**Men 35-39 500 Yard Free**

1	Adams, James A	36	WVM	5:15.80
	28.29	31.46	32.17	32.25
	32.15	32.02	32.20	32.22
	31.98	31.06		

## Inland NW LMSC SCY Championships - 4/5/2014 to 4/6/2014

## Results

**Men 35-39 1000 Yard Free**

1	Adams, James A	36	WVM	11:00.43
		27.99	31.78	32.73
		33.08	33.22	33.15
		33.34	33.52	33.89
		34.10	34.23	33.99
		33.68	33.54	32.82

**Men 35-39 1650 Yard Free**

1	Adams, James A	36	WVM	18:49.45
		29.34	32.85	34.07
		35.23	34.72	35.75
		35.49	35.26	35.29
		35.06	35.18	35.20
		33.95	33.96	34.40
		34.40	34.60	34.70
		34.75	34.98	34.36
		33.76	33.87	33.27
		31.45		

**Men 35-39 100 Yard Back Mixed**

1	Hansen, Thomas	36	WVM	1:05.45
		32.34	33.11	

**Men 35-39 50 Yard Breast**

1	Hansen, Thomas	36	WVM	33.58
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**Men 35-39 50 Yard Fly Mixed**

1	Hansen, Thomas	36	WVM	27.24
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**Men 35-39 200 Yard Fly**

1	Adams, James A	36	WVM	2:50.67
		32.80	41.81	48.05
				48.01

**Men 35-39 200 Yard IM**

1	Adams, James A	36	WVM	2:13.30
		27.41	35.01	39.35
				31.53
2	Hansen, Thomas	36	WVM	2:25.55
		29.88	38.87	44.33
				32.47

**Men 40-44 50 Yard Free**

1	Beatty, Ted	43	TCAS-35	23.42
2	Ito, Tetsuro	41	MCM	25.09
3	Kessinger, Jason L	41	UC35-35	26.64
4	Cousins, Asaph B	41	MCM	27.37
5	Spain, Nathan P	40	MCM	36.10

**Men 40-44 100 Yard Free**

1	Beatty, Ted	43	TCAS-35	51.55
		24.54	27.01	
2	Lee, Pat	42	TCAS-35	55.44
		26.45	28.99	
3	Ito, Tetsuro	41	MCM	56.84
		26.48	30.36	
4	Cousins, Asaph B	41	MCM	1:00.30
		28.76	31.54	
---	Spain, Nathan P	40	MCM	DQ
		38.47	39.56	

**Men 40-44 200 Yard Free Mixed**

1	Kessinger, Jason L	41	UC35-35	2:20.47
		31.90	36.85	36.36
				35.36
2	Spain, Nathan P	40	MCM	2:58.55
		1:24.88		45.61

**Men 40-44 500 Yard Free**

1	Lee, Pat	42	TCAS-35	5:37.25
		29.92	32.12	33.24
		34.29	34.46	34.83
		35.79	33.48	
2	Spain, Nathan P	40	MCM	8:20.51
		46.99	49.97	51.25
		51.85	51.04	51.02
		50.78	45.26	50.38

**Men 40-44 1000 Yard Free**

1	Spain, Nathan P	40	MCM	16:34.52
		43.66	47.15	49.02
		50.93	51.50	50.03
		50.37	50.39	50.99
		50.07	51.74	50.51
		50.31	50.13	50.65

**Men 40-44 1650 Yard Free**

1	Lee, Pat	42	TCAS-35	19:19.01
		31.13	32.58	33.65
		34.48	34.72	35.75
		35.54	35.10	35.62
		35.02	35.46	36.00
		35.34	35.83	35.73
		35.43	36.08	36.01
		35.51	36.30	35.94
		35.70	35.74	35.06
		33.65		
2	Spain, Nathan P	40	MCM	27:40.89
		44.61	45.34	48.18
		49.94	51.64	1:42.11
		50.95		50.94
		51.46	52.63	51.16
		51.29	50.81	51.09
		50.33	51.16	51.06
		50.33	50.59	50.34
		50.42	50.88	51.36
		46.08		50.80

**Men 40-44 100 Yard Back Mixed**

1	Beatty, Ted	43	TCAS-35	1:03.46
		30.68	32.78	
2	Cousins, Asaph B	41	MCM	1:16.48

**Men 40-44 50 Yard Breast**

1	Ito, Tetsuro	41	MCM	32.92
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**Men 40-44 100 Yard Breast**

1	Ito, Tetsuro	41	MCM	1:09.72
		33.11	36.61	

**Men 40-44 50 Yard Fly Mixed**

1	Beatty, Ted	43	TCAS-35	25.74
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2	Kessinger, Jason L	41	UC35-35	28.54
3	Cousins, Asaph B	41	MCM	32.51

**Men 40-44 100 Yard Fly**

1	Kessinger, Jason L	41	UC35-35	1:08.06
		31.29	36.77	
2	Cousins, Asaph B	41	MCM	1:25.44
		38.38	47.06	

**Men 40-44 100 Yard IM**

1	Beatty, Ted	43	TCAS-35	59.76
2	Ito, Tetsuro	41	MCM	1:05.35
3	Cousins, Asaph B	41	MCM	1:17.08
		36.66	40.42	

**Men 40-44 200 Yard IM**

1	Beatty, Ted	43	TCAS-35	2:16.78
		27.53	35.19	41.37
				32.69
2	Ito, Tetsuro	41	MCM	2:32.83
		30.62	42.15	42.74
				37.32

**Men 45-49 50 Yard Free**

1	Gleason, Wayne	48	RHM-35	23.71
2	Gentry, Paul	48	MCM	26.64
3	Morlan, Garvin N	49	PSM-36	27.02
4	Bronson, Matthew F	48	FAF	32.69

**Men 45-49 100 Yard Free**

1	Gleason, Wayne	48	RHM-35	54.58
		26.11	28.47	
2	Gentry, Paul	48	MCM	59.46
		28.82	30.64	

**Men 45-49 200 Yard Free Mixed**

1	Morlan, Garvin N	49	PSM-36	2:22.29
		32.57	36.32	37.73
				35.67

**Men 45-49 1000 Yard Free**

1	Kopf, Joel M	47	CDAT-35	15:15.47
		41.57	45.02	45.96
		45.80	45.75	45.49
		46.14	45.94	46.15
		45.91	45.98	46.58
		45.99	46.19	46.70
				46.25
2	Bronson, Matthew F	48	FAF	15:47.63
		39.93	45.51	46.95
		49.13	47.87	47.39
		48.95	48.42	48.06
		49.14	49.19	47.20
		48.14	48.51	46.25
				45.70

**Men 45-49 1650 Yard Free**

1	Gleason, Wayne	48	RHM-35	20:41.82
			38.59	37.85
		37.51	37.50	
				37.23
		37.56	37.21	1:54.16

## Inland NW LMSC SCY Championships - 4/5/2014 to 4/6/2014

## Results

**Men 45-49 200 Yard Breast**

1	Gentry, Paul	48	MCM	3:08.58
	40.95	48.10	50.13	49.40

**Men 45-49 50 Yard Fly Mixed**

1	Gentry, Paul	48	MCM	29.14
2	Morlan, Garvin N	49	PSM-36	29.76

**Men 45-49 100 Yard Fly**

1	Gentry, Paul	48	MCM	1:19.68
	36.85	42.83		

**Men 45-49 200 Yard Fly**

1	Gentry, Paul	48	MCM	2:50.33
	35.94	43.77	45.08	45.54

**Men 45-49 200 Yard IM**

1	Bronson, Matthew F	48	FAF	3:22.89
	44.62	57.81	58.55	41.91

**Men 45-49 400 Yard IM**

1	Kopf, Joel M	47	CDAT-35	6:57.66
	43.89	52.13	58.34	58.81
	1:00.15	58.89	42.79	42.66

**Men 50-54 50 Yard Free**

1	Johnson, Brian D	52	MCM	25.90
2	Murphy, Sean J	50	TCAS-35	26.46
3	Lamar, Tom C	53	MCM	27.60
4	Williams, Thomas	52	MCM	41.59

**Men 50-54 100 Yard Free**

1	Murphy, Sean J	50	TCAS-35	58.50
	28.08	30.42		
2	Lamar, Tom C	53	MCM	1:00.56
	29.17	31.39		
3	Gerke, Charlie R	54	MCM	1:08.15
	31.33	36.82		

**Men 50-54 200 Yard Free Mixed**

1	Williams, Thomas	52	MCM	3:35.52
	45.88	55.73	59.14	54.77

**Men 50-54 500 Yard Free**

1	Murphy, Sean J	50	TCAS-35	6:08.63
	31.51	35.82	37.01	37.53
	37.86	37.86	38.55	38.90
	37.93	35.66		

**Men 50-54 1000 Yard Free**

1	Williams, Thomas	52	MCM	19:48.23
	47.47	55.84	58.49	58.92
	58.94	1:00.55	1:00.65	1:00.27
	1:01.45	1:00.50	1:01.22	1:01.23
	1:01.72	1:01.35	1:01.17	1:00.76
	1:00.13	59.71	1:00.13	57.73

**Men 50-54 1650 Yard Free**

1	Gerke, Charlie R	54	MCM	24:44.92
	36.42	41.28	43.07	44.61
	44.83	45.36	45.23	44.81
	46.15	45.09	45.28	45.34
	44.90	45.30	45.44	45.28
	45.75	45.64	45.96	45.65
	46.93	46.15	45.37	45.27
	46.26	45.75	45.45	45.38
	46.54	44.91	46.13	45.75
	43.64			

**Men 50-54 50 Yard Back**

1	Johnson, Brian D	52	MCM	30.00
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**Men 50-54 100 Yard Back Mixed**

1	Johnson, Brian D	52	MCM	1:06.04
	31.87	34.17		
2	Murphy, Sean J	50	TCAS-35	1:13.14
	36.11	37.03		

**Men 50-54 50 Yard Breast**

1	Ridgway, Eric	53	SWAC	36.19
2	Gerke, Charlie R	54	MCM	36.68
3	Lamar, Tom C	53	MCM	38.11

**Men 50-54 100 Yard Breast**

1	Johnson, Brian D	52	MCM	1:13.36
	34.64	38.72		
2	Ridgway, Eric	53	SWAC	1:21.32
	38.88	42.44		
3	Murphy, Sean J	50	TCAS-35	1:21.64
	38.93	42.71		

**Men 50-54 200 Yard Breast**

1	Ridgway, Eric	53	SWAC	2:55.45
	41.58	45.57	44.38	43.92

**Men 50-54 50 Yard Fly Mixed**

1	Lamar, Tom C	53	MCM	31.58
2	Williams, Thomas	52	MCM	58.06

**Men 50-54 100 Yard Fly**

1	Williams, Thomas	52	MCM	2:24.68
	1:02.32	1:22.36		

**Men 50-54 100 Yard IM**

1	Johnson, Brian D	52	MCM	1:05.91
	30.28	35.63		
2	Ridgway, Eric	53	SWAC	1:17.70
	37.55	40.15		

**Men 50-54 200 Yard IM**

1	Murphy, Sean J	50	TCAS-35	2:37.66
	33.06	41.83	47.52	35.25
2	Ridgway, Eric	53	SWAC	2:50.88
	35.54	49.59	45.43	40.32

**Men 50-54 400 Yard IM**

1	Ridgway, Eric	53	SWAC	6:12.28
	39.42	48.20	53.46	52.36
	46.44	46.86	43.21	42.33

**Men 55-59 50 Yard Free**

1	Sheahan, Dan	56	VMST-12	28.26
2	Tedrow, Allen R	58	MCM	30.17
3	Brackney, Kevin M	58	MCM	35.31

**Men 55-59 100 Yard Free**

1	Cabrey, David D	58	TCAS-35	59.05
	28.74	30.31		
2	Sheahan, Dan	56	VMST-12	1:01.05
	28.93	32.12		
3	Tedrow, Allen R	58	MCM	1:05.44

**Men 55-59 200 Yard Free Mixed**

1	Sheahan, Dan	56	VMST-12	2:16.38
	31.33	35.16	35.24	34.65
2	Brackney, Kevin M	58	MCM	3:08.77
	42.71	48.73	50.09	47.24

**Men 55-59 500 Yard Free**

1	Sheahan, Dan	56	VMST-12	6:15.56
	33.27	36.04	38.02	38.99
	38.62	38.39	38.32	39.09
	38.36	36.46		

**Men 55-59 100 Yard Back Mixed**

1	Cabrey, David D	58	TCAS-35	1:10.61
	35.53	35.08		
2	Tedrow, Allen R	58	MCM	1:25.89
	44.06	41.83		

**Men 55-59 200 Yard Back**

1	Brackney, Kevin M	58	MCM	3:40.63
	51.00	56.14	58.64	54.85

**Men 55-59 50 Yard Breast**

1	Hamm, Michael L	56	LCM	30.48
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**Men 55-59 100 Yard Breast**

1	Hamm, Michael L	56	LCM	1:06.73
	31.45	35.28		
2	Tedrow, Allen R	58	MCM	1:24.85
	40.15	44.70		

**Men 55-59 200 Yard Breast**

1	Hamm, Michael L	56	LCM	2:27.61
	32.92	37.18	38.72	38.79

**Men 55-59 50 Yard Fly Mixed**

1	Hamm, Michael L	56	LCM	28.34
2	Sheahan, Dan	56	VMST-12	32.58
3	Tedrow, Allen R	58	MCM	38.95
4	Brackney, Kevin M	58	MCM	48.94

**Men 55-59 100 Yard IM**

1	Hamm, Michael L	56	LCM	1:02.49
	29.47	33.02		

## Inland NW LMSC SCY Championships - 4/5/2014 to 4/6/2014

## Results

**(Men 55-59 100 Yard IM)**

2	Cabrey, David D	58	TCAS-35	1:13.78
	33.41	40.37		
3	Sheahan, Dan	56	VMST-12	1:15.24
	35.54	39.70		
4	Tedrow, Allen R	58	MCM	1:20.18

**Men 55-59 200 Yard IM**

1	Hamm, Michael L	56	LCM	2:18.96
	30.77	36.39	39.21	32.59
2	Brackney, Kevin M	58	MCM	3:41.93
	51.64	58.65	1:05.13	46.51

**Men 60-64 50 Yard Free**

1	Tanner, Steve A	60	LCM	32.75
2	Wendel, Kurt S	60	WVM	32.89
3	Acosta, Rick	60	WVM	33.51

**Men 60-64 100 Yard Free**

1	Tanner, Steve A	60	LCM	1:12.49
	34.38	38.11		
2	Wendel, Kurt S	60	WVM	1:15.37
	35.89	39.48		
3	Acosta, Rick	60	WVM	1:15.46
	35.53	39.93		

**Men 60-64 200 Yard Free Mixed**

1	Tanner, Steve A	60	LCM	2:43.43
	36.12	40.47	43.64	43.20
2	Acosta, Rick	60	WVM	2:54.47
	37.32	45.26	44.73	47.16

**Men 60-64 500 Yard Free**

1	Wendel, Kurt S	60	WVM	8:13.15
	43.14	47.35	52.25	50.43
	49.80	51.95	50.46	50.55
	51.17	46.05		
2	Acosta, Rick	60	WVM	8:32.01
	40.31	49.48	52.77	52.97
	54.03	53.51	52.91	53.41
	52.24	50.38		

**Men 60-64 1000 Yard Free**

1	Wendel, Kurt S	60	WVM	16:32.01
	41.42	47.42	51.26	50.77
	50.03	48.43	51.44	49.83
	50.24	51.35		
	50.88			
				1:33.64

**Men 60-64 50 Yard Back**

1	Henager, Robert F	63	MCM	47.01
2	Acosta, Rick	60	WVM	49.59

**Men 60-64 100 Yard Back Mixed**

1	Tanner, Steve A	60	LCM	1:26.06
	43.11	42.95		

**Men 60-64 200 Yard Back**

1	Henager, Robert F	63	MCM	3:56.53
	50.05	1:04.12	1:03.23	59.13

**Men 60-64 50 Yard Breast**

1	Templin, Philip John	60	SAWS-59	33.33
2	Henager, Robert F	63	MCM	42.98
3	Wendel, Kurt S	60	WVM	47.45

**Men 60-64 100 Yard Breast**

1	Templin, Philip John	60	SAWS-59	1:13.21
	33.91	39.30		
2	Henager, Robert F	63	MCM	1:41.65
	46.87	54.78		
3	Wendel, Kurt S	60	WVM	1:45.20
	48.63	56.57		

**Men 60-64 200 Yard Breast**

1	Templin, Philip John	60	SAWS-59	2:43.48
	36.79	42.25	42.91	41.53
2	Henager, Robert F	63	MCM	4:09.55
	51.28	1:04.98	1:07.01	1:06.28

**Men 60-64 50 Yard Fly Mixed**

1	Tanner, Steve A	60	LCM	45.87
2	Acosta, Rick	60	WVM	49.99

**Men 60-64 100 Yard IM**

1	Templin, Philip John	60	SAWS-59	1:08.14
	32.51	35.63		
2	Tanner, Steve A	60	LCM	1:26.73
	41.57	45.16		
3	Henager, Robert F	63	MCM	1:43.46
	50.95	52.51		

**Men 60-64 200 Yard IM**

1	Templin, Philip John	60	SAWS-59	2:30.60
	33.12	41.53	41.84	34.11

**Men 60-64 400 Yard IM**

1	Templin, Philip John	60	SAWS-59	5:22.17
	33.82	40.80	44.11	43.29
	43.72	43.32	37.28	35.83

**Men 65-69 50 Yard Free**

1	Dick, Bill M	67	WVM	28.96
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**Men 65-69 100 Yard Free**

1	Dick, Bill M	67	WVM	1:05.66
	30.68	34.98		

**Men 65-69 50 Yard Breast**

1	Denio, Galen D	66	SCM-35	36.29
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**Men 65-69 100 Yard Breast**

1	Denio, Galen D	66	SCM-35	1:21.45
	38.12	43.33		

**Men 65-69 200 Yard Breast**

1	Denio, Galen D	66	SCM-35	2:57.74
	39.21	44.95	46.71	46.87

**Men 65-69 50 Yard Fly Mixed**

1	Dick, Bill M	67	WVM	33.30
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**Men 65-69 100 Yard IM**

1	Denio, Galen D	66	SCM-35	1:15.49
	36.44	39.05		

**Men 65-69 200 Yard IM**

1	Denio, Galen D	66	SCM-35	2:51.36
	37.58	44.98	47.68	41.12

**Men 65-69 400 Yard IM**

1	Denio, Galen D	66	SCM-35	6:04.02
	39.92	47.34	47.47	48.34
	47.82	48.00	43.05	42.08

**Men 75-79 50 Yard Free**

1	Murray, Glen A	75	MCM	49.89
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**Men 75-79 50 Yard Breast**

1	Murray, Glen A	75	MCM	53.17
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**Men 75-79 100 Yard Breast**

1	Murray, Glen A	75	MCM	1:53.77
	54.00	59.77		

**Men 75-79 200 Yard Breast**

1	Murray, Glen A	75	MCM	4:13.84
	58.92	1:06.11	1:05.68	1:03.13

**Men 80-84 100 Yard Free**

1	Bevier, Jack	81	WVM	1:25.30
	39.59	45.71		

**Men 80-84 200 Yard Free Mixed**

1	Bevier, Jack	81	WVM	3:21.19
	44.07	50.85	53.91	52.36

**Men 80-84 50 Yard Back**

1	Bevier, Jack	81	WVM	1:01.22
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**Men 80-84 100 Yard Back Mixed**

1	Bevier, Jack	81	WVM	2:15.51
	1:07.46	1:08.05		

**Men 80-84 50 Yard Fly Mixed**

1	Bevier, Jack	81	WVM	48.27
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**Men 80-84 100 Yard IM**

1	Bevier, Jack	81	WVM	1:53.37
	54.51	58.86		

**Men 85-89 50 Yard Free**

1	Bresko, William J	86	FAF	1:35.44
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**Men 85-89 200 Yard Free Mixed**

1	Bresko, William J	86	FAF	6:43.68
	1:23.00	1:42.14	1:41.04	1:57.50

**Men 85-89 200 Yard Back**

1	Bresko, William J	86	FAF	7:33.81
			1:48.79	1:58.86

## Inland NW LMSC SCY Championships - 4/5/2014 to 4/6/2014

## Results

**Men 85-89 100 Yard Breast**

1	Bresko, William J	86	FAF	3:20.30
	1:38.19	1:42.11		

**Women 18+ 200 Yard Free Relay**

1	MCM	A		2:22.29
	Wyman, Ayla W24	Edde, Emilie W23		
	Ng, Elizabeth L W25	Hierschbiel, Elizabeth W24		
	35.70	39.13	33.38	34.08

**Women 18+ 800 Yard Free Relay**

1	MCM	A		12:00.70
	Buehler, Paige W45	Wyman, Ayla W24		
	Adam, Claire E W36	Edde, Emilie W23		
	34.74	1:13.98	1:54.42	2:34.30
	41.64	1:26.97	2:13.62	2:59.37
	44.28	1:33.00		3:12.64
	43.89	1:32.57	2:23.95	3:14.39

**Women 18+ 400 Yard Medley Relay**

---	MCM	A		XDQ
	Edde, Emilie W23	Wyman, Ayla W24		
	Hierschbiel, Elizabeth W24	Noble Stuen, Andrea J W31		
	52.61	1:47.55	50.47	1:44.76
	4.77	1:20.56	41.87	1:27.90

**Women 25+ 200 Yard Medley Relay**

1	MCM	A		2:44.14
	Noble Stuen, Andrea J W31	Adam, Claire E W36		
	Eriksson, Marie H W44	Ng, Elizabeth L W25		
	44.04	48.53	44.21	27.36

**Women 35+ 200 Yard Free Relay**

1	MCM	A		2:28.13
	Buehler, Paige W45	Leffingwell, Jeanne W59		
	Adam, Claire E W36	Eriksson, Marie H W44		
	34.53	38.99	45.14	29.47

**Men 18+ 200 Yard Free Relay**

1	MCM	A		2:08.59
	Daggs, Adam H M22	Williams, Thomas M52		
	Brosious, Bryan M28	Edde, Matthew L M24		
	27.11	44.04	33.21	24.23

**Men 18+ 400 Yard Free Relay**

---	MCM	A		DQ
	Spain, Nathan P M40	Brosious, Bryan M28		
	Daggs, Adam H M22	Edde, Matthew L M24		
	50.48	1:36.46	30.75	1:07.99
	7.07	58.99	37.56	1:19.23

**Men 18+ 800 Yard Free Relay**

1	MCM	A		12:00.07
	Williams, Thomas M52	Johnson, Brian D M52		
	Edde, Matthew L M24	Daggs, Adam H M22		
	52.30	1:54.61	2:58.94	4:02.01
	38.81	1:22.64	2:07.61	2:54.19
	34.78	1:12.36	1:51.29	2:30.25
	6.10	32.89	1:07.30	2:33.62

**Men 18+ 400 Yard Medley Relay**

1	MCM	A		5:28.91
	Spain, Nathan P M40	Lamar, Tom C M53		
	Edde, Matthew L M24	Gerke, Charlie R M54		
	50.95	1:42.64	42.34	1:29.93
	6.43	1:10.44	31.87	1:05.90

**Men 25+ 200 Yard Medley Relay**

1	MCM	A		2:09.24
	Cousins, Asaph B M41	Gerke, Charlie R M54		
	Brosious, Bryan M28	Gentry, Paul M48		
	34.16	37.79	31.79	25.50

**Men 35+ 200 Yard Free Relay**

1	WVM	A		1:50.73
	Hansen, Thomas M36	Adams, James A M36		
	Dick, Bill M M67	Acosta, Rick M60		
	24.48	23.75	29.56	32.94

**Men 35+ 400 Yard Free Relay**

1	MCM	A		5:34.77
	Cousins, Asaph B M41	Williams, Thomas M52		
	Brackney, Kevin M M58	Ito, Tetsuro M41		
	33.14	1:10.17	49.78	1:50.29
	6.26	1:28.18	13.94	1:06.13

**Men 35+ 200 Yard Medley Relay**

1	TCAS-35	A		2:06.88
	Murphy, Sean J M50	Beatty, Ted M43		
	Lee, Pat M42	Cabrey, David D M58		
	36.26	34.04	29.52	27.06
2	WVM	A		2:21.09
	Adams, James A M36	Wendel, Kurt S M60		
	Hansen, Thomas M36	Acosta, Rick M60		
	30.13	50.11	5.47	55.38

---	MCM	A		DQ
	Henager, Robert F M63	Ito, Tetsuro M41		
	Tedrow, Allen R M58	Johnson, Brian D M52		
	52.78			38.53

**Men 45+ 400 Yard Free Relay**

1	MCM	A		4:28.94
	Gentry, Paul M48	Lamar, Tom C M53		
	Tedrow, Allen R M58	Johnson, Brian D M52		
	30.91	1:04.18	9.75	1:05.18
	33.13	2:19.58		

**Men 45+ 800 Yard Free Relay**

1	MCM	A		12:38.84
	Murray, Glen A M75	Gentry, Paul M48		
	Lamar, Tom C M53	Brackney, Kevin M M58		
	56.16	1:58.21	3:01.08	4:03.05
	34.87	1:14.36	1:54.26	2:39.02
	32.43	1:10.37		2:27.03
	46.28	1:40.71	2:36.90	3:29.74

**Men 55+ 200 Yard Free Relay**

1	MCM	A		2:35.51
	Henager, Robert F M63	Murray, Glen A M75		
	Brackney, Kevin M M58	Tedrow, Allen R M58		
	35.58	56.13	34.75	29.05

**Men 55+ 800 Yard Free Relay**

1	WVM	A		12:02.49
	Dick, Bill M M67	Wendel, Kurt S M60		
	Acosta, Rick M60	Bevier, Jack M81		
	36.00	1:16.98	2:00.82	2:44.10
	39.72			2:58.46
	37.42	1:22.39	2:09.53	2:56.86
	40.89	1:31.90	3:23.07	

**Mixed 18+ 200 Yard Free Relay**

1	MCM	A		2:06.56
	Wyman, Ayla W24	Gerke, Charlie R M54		
	Hierschbiel, Elizabeth W24	Gentry, Paul M48		
	35.44	5.48	25.73	59.91

**Mixed 18+ 800 Yard Free Relay**

1	MCM	A		10:45.82
	Edde, Emilie W23	Brosious, Bryan M28		
	Noble Stuen, Andrea J W31	Tedrow, Allen R M58		
	43.51	1:32.41	2:24.34	3:16.10
	30.61	1:05.28	1:40.86	2:17.08
	6.52	47.38	1:43.93	2:39.32
	9.16	2:33.32		

**Mixed 18+ 200 Yard Medley Mixed Relay**

1	MCM	A		2:16.08
	Ito, Tetsuro M41	Daggs, Adam H M22		
	Ng, Elizabeth L W25	Hierschbiel, Elizabeth W24		
	34.10			1:07.41

**Mixed 25+ 400 Yard Free Relay**

1	MCM	A		4:57.16
	Cousins, Asaph B M41	Noble Stuen, Andrea J W31		
	Ng, Elizabeth L W25	Ito, Tetsuro M41		
	30.73	1:04.11	14.62	45.50
	51.76	2:07.38	27.62	1:00.17

**Mixed 35+ 200 Yard Medley Mixed Relay**

1	MCM	A		2:57.67
	Henager, Robert F M63	Murray, Glen A M75		
	Eriksson, Marie H W44	Leffingwell, Jeanne W59		
	46.58	52.72	38.77	39.60

**Mixed 35+ 400 Yard Medley Mixed Relay**

1	MCM	A		6:05.30
	Spain, Nathan P M40	Eriksson, Marie H W44		
	Cousins, Asaph B M41	Adam, Claire E W36		
	48.52	1:39.31	5.27	44.96
	52.67	2:10.83	43.17	1:30.20

**Mixed 45+ 200 Yard Free Relay**

1	MCM	A		2:23.00
	Buehler, Paige W45	Henager, Robert F M63		
	Leffingwell, Jeanne W59	Lamar, Tom C M53		
	35.84	5.23	32.40	1:09.53

**Inland NW LMSC SCY Championships - 4/5/2014 to 4/6/2014**

**Results**

**Mixed 45+ 400 Yard Free Relay**

1	MCM	A		6:09.89
	Buehler, Paige W45	Murray, Glen A M75		
	Johnson, Brian D M52	Leffingwell, Jeanne W59		
	33.75	1:11.54	4.78	52.48
	1:00.17	1:43.80	1:32.16	2:22.07