

Winter Invitational - 2/21/2010
HMS/Wenatchee Valley Masters
Results

Women 25-29 50 Yard Free

Inland NW: 25.56I 1990 Tracy Wright
NW Zone: 23.68Z 1991 Sara Shand

Name	Age	Team	Finals Time
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Finals

6 Kristen Heath	27	WVM-IW	30.07
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Women 25-29 100 Yard Free

Inland NW: 57.47I 1989 Jane Giese
NW Zone: 51.24Z 1991 Sara Shand

1 Kristen Heath	27	WVM-IW	1:06.24
			30.87

2 Amanda Djang	29	3RMS-IW	1:23.96
			40.04

Women 25-29 200 Yard Free

Inland NW: 2:07.59I 1990 Tracy Wright
NW Zone: 1:51.80Z 1991 Sara Shand

Finals

1 Amanda Djang	29	3RMS-IW	3:12.58
			43.12
			1:30.80

Women 30-34 500 Yard Free

Inland NW: 5:27.37I 1986 Catherine Chay
NW Zone: 5:11.86Z 1992 Leissa Mills

Finals

6 Nadine Lehrer	33	WVM-IW	7:47.27
			45.57
			1:30.93
			3:05.89

Women 30-34 50 Yard Back

Inland NW: 30.20I 1986 Lori Clark
NW Zone: 28.53Z 1990 L. Hasselquist

Finals

6 Nadine Lehrer	33	WVM-IW	46.63
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Women 30-34 50 Yard Breast

Inland NW: 32.93I 1997 Vicki Marsh
NW Zone: 31.83Z 2002 Cara Hafner

Finals

1 Adria Gunderson	32	WVM-IW	40.83
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Women 30-34 100 Yard Breast

Inland NW: 1:12.25I 1997 Vicki Marsh
NW Zone: 1:09.10Z 2002 Cara Hafner

1 Adria Gunderson	32	WVM-IW	1:25.47
			40.23

Women 30-34 200 Yard Breast

Inland NW: 2:49.27I 1996 Vicki Marsh
NW Zone: 2:30.92Z 2001 Linda Hegeberg

A - Final

1 Adria Gunderson	32	WVM-IW	3:08.11
			41.84
			1:29.21

Finals

2 Nadine Lehrer	33	WVM-IW	3:44.71
			50.86
			1:47.87

Women 30-34 200 Yard Fly

Inland NW: 2:23.40I 1986 Catherine Chay
NW Zone: 2:11.64Z 2002 Kathy Blandford

A - Final

1 Nadine Lehrer	33	WVM-IW	3:36.25
			47.40
			1:42.13

Women 30-34 100 Yard IM

Inland NW: 1:04.71I 1997 Vicki Marsh
NW Zone: 1:03.24Z 1997 Barbara Misener

Finals

6 Adria Gunderson	32	WVM-IW	1:20.28
			38.57

Women 30-34 200 Yard IM

Inland NW: 2:25.14I 1986 Catherine Chay
NW Zone: 2:13.21Z 2007 Maureen Rea

1 Adria Gunderson	32	WVM-IW	2:56.47
			40.40

Women 30-34 400 Yard IM

Inland NW: 5:06.28I 1997 Jane Rockwell
NW Zone: 4:51.45Z 1999 Lisa Hjerpe

1 Nadine Lehrer	33	WVM-IW	7:03.38
			1:39.45
			3:31.42

Women 40-44 50 Yard Free

Inland NW: 26.49I 1997 Susan Kirkland
NW Zone: 24.87Z 2004 Lisa Dahl

Finals

6 Melissa Moser	40	WVM-IW	35.49
7 TinaMarie Bell	44	LCM-IW	39.05

Women 40-44 100 Yard Free

Inland NW: 57.20I 1997 Susan Kirkland
NW Zone: 55.73Z 2008 Valerie Jenkins

1 TinaMarie Bell	44	LCM-IW	1:28.75
			41.24

Women 40-44 200 Yard Free

Inland NW: 1:56.14I 2002 Susanne Simpson
NW Zone: 1:56.14Z 2002 Susanne Simpson

A - Final

1 Paige Buehler	41	MCM-IW	2:33.03
			35.50
			1:14.68

Women 40-44 1650 Yard Free

Inland NW: 17:53.81I 2002 Susanne Simpson
NW Zone: 17:53.81Z 2002 Susanne Simpson

1 TinaMarie Bell	44	LCM-IW	29:52.17
			43.83
			1:33.47
			3:22.14
			8:50.70
			18:00.36

Women 40-44 50 Yard Back

Inland NW: 32.21I 2007 Kris McQuire
NW Zone: 27.12Z 2008 Valerie Jenkins

Finals

6 Lauren Torok	44	MCM-IW	37.14
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7 TinaMarie Bell	44	LCM-IW	52.02
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Women 40-44 100 Yard Back

Inland NW: 1:07.72I 1997 Susan Kirkland
NW Zone: 1:00.17Z 2004 Valerie Jenkins

Finals

1 Lauren Torok	44	MCM-IW	1:22.22
			40.03

Women 40-44 200 Yard Back

Inland NW: 2:27.14I 2005 Susanne Simpson
NW Zone: 2:11.46Z 2008 Ellen Reynolds

1 Paige Buehler	41	MCM-IW	2:56.66
			41.24
			1:25.55

Women 40-44 50 Yard Breast

Inland NW: 34.42I 1997 Susan Kirkland
NW Zone: 32.27Z 2009 Mary Armstrong

Finals

1 Lauren Torok	44	MCM-IW	42.20
2 TinaMarie Bell	44	LCM-IW	49.75

Women 40-44 100 Yard Breast

Inland NW: 1:18.21I 1996 Margaret Hair
NW Zone: 1:10.52Z 2009 Mary Armstrong

1 Lauren Torok	44	MCM-IW	1:29.50
			42.40

Women 40-44 200 Yard Breast

Inland NW: 2:50.67I 1994 Elin Zander
NW Zone: 2:38.86Z 1986 Ginger Pierson

Finals

1 Paige Buehler	41	MCM-IW	3:37.70
			49.76
			1:44.67

Women 40-44 50 Yard Fly

Inland NW: 27.19I 2002 Susanne Simpson
NW Zone: 27.19Z 2002 Susanne Simpson

1 Melissa Moser	40	WVM-IW	37.75
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Women 40-44 100 Yard Fly

Inland NW: 59.72I 2001 Susanne Simpson
NW Zone: 59.72Z 2001 Susanne Simpson

Finals

1 Melissa Moser	40	WVM-IW	1:26.17
			39.64

Women 40-44 200 Yard Fly

Inland NW: 2:10.34I 2001 Susanne Simpson
NW Zone: 2:10.34Z 2001 Susanne Simpson

A - Final

2 Paige Buehler	41	MCM-IW	3:19.90
			41.15
			1:31.41

Finals

1 Melissa Moser	40	WVM-IW	3:15.39
			42.34
			1:31.46

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Women 40-44 100 Yard IM

Inland NW: 1:05.52I 1997 Susan Kirkland
NW Zone: 1:03.11Z 2004 Valerie Jenkins

Finals

6 Melissa Moser 40 WVM-IW 1:24.56
41.09

Women 40-44 200 Yard IM

Inland NW: 2:32.58I 2003 Susanne Simpson
NW Zone: 2:14.98Z 2008 Ellen Reynolds

1 Lauren Torok 44 MCM-IW 2:58.77
38.72

Women 40-44 400 Yard IM

Inland NW: 5:13.25I 2001 Susanne Simpson
NW Zone: 4:50.73Z 2008 Ellen Reynolds

1 Paige Buehler 41 MCM-IW 6:17.87
50.96

Women 45-49 50 Yard Free

Inland NW: 27.89I 2005 Karli Spear
NW Zone: 24.73Z 2009 Lisa Dahl

Finals

6 Jane Borg 49 MLMR-IW 34.29
7 Ann Sobba Higley 46 WVM-IW 39.42

Women 45-49 100 Yard Free

Inland NW: 59.83I 2005 Susanne Simpson
NW Zone: 55.92Z 2003 K. Andres-Hughes

1 Jane Borg 49 MLMR-IW 1:15.69
36.00

Women 45-49 200 Yard Free

Inland NW: 1:59.87I 2005 Susanne Simpson
NW Zone: 1:59.87Z 2005 Susanne Simpson

A - Final

1 Jane Borg 49 MLMR-IW 2:51.83
39.22 1:22.87

Women 45-49 500 Yard Free

Inland NW: 5:22.00I 2005 Susanne Simpson
NW Zone: 5:22.00Z 2005 Susanne Simpson

Finals

6 Jane Borg 49 MLMR-IW 7:44.03
41.28 1:26.07 3:00.11

Women 45-49 50 Yard Breast

Inland NW: 37.62I 2007 Karli Spear
NW Zone: 33.50Z 2009 Lisa Dahl

Finals

1 Ann Sobba Higley 46 WVM-IW 50.93

Women 45-49 100 Yard Breast

Inland NW: 1:22.61I 2007 Karli Spear
NW Zone: 1:11.61Z 2002 Colette Crabbe

1 Ann Sobba Higley 46 WVM-IW 1:56.87
54.71

Women 45-49 100 Yard IM

Inland NW: 1:11.59I 2005 Karli Spear
NW Zone: 1:03.12Z 2009 Lisa Dahl

Finals

6 Ann Sobba Higley 46 WVM-IW 1:49.16
51.14

Women 50-54 50 Yard Free

Inland NW: 28.01I 2007 Margaret Hair
NW Zone: 25.63Z 2008 K. Andrus-Hughes

Finals

6 Lesley Allan 51 WVM-IW 30.30
7 Niki Stewart 50 WVM-IW 36.18
8 M. Tomlinson-Macias 51 UNAT-IW 36.70

Women 50-54 100 Yard Free

Inland NW: 1:06.07I 2006 Margaret Hair
NW Zone: 56.59Z 2008 K. Andrus-Hughes

1 Lesley Allan 51 WVM-IW 1:11.35
33.68
2 M. Tomlinson-Macias 51 UNAT-IW 1:31.38
42.56

Women 50-54 500 Yard Free

Inland NW: 6:42.36I 2006 Margaret Hair
NW Zone: 5:45.06Z 2002 Barb Gundred

Finals

6 Cindy Clutter 50 LCM-IW 7:04.74
37.76 1:20.17 2:47.13

Women 50-54 1650 Yard Free

Inland NW: 22:35.27I 2006 Margaret Hair
NW Zone: 20:06.00Z 2009 Mary Sweat

1 Cindy Clutter 50 LCM-IW 23:57.01
38.90 1:21.70 2:48.77 7:09.96
14:26.87

Women 50-54 50 Yard Back

Inland NW: 37.15I 2007 Margaret Hair
NW Zone: 29.08Z 2008 K. Andrus-Hughes

Finals

6 M. Tomlinson-Macias 51 UNAT-IW 43.85

Women 50-54 50 Yard Breast

Inland NW: 36.62I 2007 Margaret Hair
NW Zone: 34.46Z 2008 Colette Crabbe

Finals

1 Cindy Clutter 50 LCM-IW 44.83
2 Lynn Scovazzo 54 TCAS-IW 44.90
3 M. Tomlinson-Macias 51 UNAT-IW 54.15

Women 50-54 100 Yard Breast

Inland NW: 1:23.79I 2006 Margaret Hair
NW Zone: 1:15.22Z 2008 Colette Crabbe

1 Lynn Scovazzo 54 TCAS-IW 1:36.66
47.21
2 Cindy Clutter 50 LCM-IW 1:37.29
47.67

Women 50-54 200 Yard Breast

Inland NW: 3:04.36I 2006 Margaret Hair
NW Zone: 2:42.51Z 2007 Colette Crabbe

A - Final

1 Lynn Scovazzo 54 TCAS-IW 3:29.51
49.52 1:43.15

Women 50-54 50 Yard Fly

Inland NW: 32.87I 2006 Margaret Hair
NW Zone: 28.10Z 2005 Robin Parisi

1 Lesley Allan 51 WVM-IW 35.30

Women 50-54 100 Yard IM

Inland NW: 1:12.50I 2007 Margaret Hair
NW Zone: 1:05.66Z 2005 Robin Parisi

Finals

6 Lesley Allan 51 WVM-IW 1:27.46
40.38
7 Lynn Scovazzo 54 TCAS-IW 1:34.39
46.32
8 M. Tomlinson-Macias 51 UNAT-IW 1:42.46
44.46

Women 55-59 50 Yard Free

Inland NW: 32.87I 2005 Suzanne Dills
NW Zone: 26.99Z 2009 Charlotte Davis

Finals

6 Margaret Hair 55 LCM-IW 32.62I
7 Teresa Wendel 57 WVM-IW 40.44
8 Mary Adams 55 LCM-IW 40.77

Women 55-59 100 Yard Free

Inland NW: 1:12.74I 2002 Suzanne Dills
NW Zone: 59.08Z 2005 Charlotte Davis

1 Margaret Hair 55 LCM-IW 1:12.87
35.47
2 Teresa Wendel 57 WVM-IW 1:35.75
46.09

Women 55-59 200 Yard Free

Inland NW: 2:32.66I 2004 Suzanne Dills
NW Zone: 2:13.76Z 2006 Charlotte Davis

Finals

1 Teresa Wendel 57 WVM-IW 3:47.73
48.23 1:44.55

Women 55-59 50 Yard Back

Inland NW: 41.61I 2004 Carolyn Magee
NW Zone: 35.01Z Joy Ward

Finals

6 Margaret Hair 55 LCM-IW 40.82I

Women 55-59 50 Yard Breast

Inland NW: 44.51I 2002 Pat Sharp Brown
NW Zone: 35.06Z 2002 Ginger Pierson

A - Final

1 Margaret Hair 55 LCM-IW 42.11I

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Women 55-59 50 Yard Fly

Inland NW:	37.59I	2004	Carolyn Magee
NW Zone:	29.90Z	2006	Charlotte Davis
1	Margaret Hair	55	LCM-IW 36.58I
2	Mary Adams	55	LCM-IW 54.37

Women 55-59 200 Yard IM

Inland NW:	2:42.68I	2004	Suzanne Dills
NW Zone:	2:29.14Z	2005	Charlotte Davis
1	Mary Adams	55	LCM-IW 3:46.32
			54.95

Women 60-64 50 Yard Free

Inland NW:	34.23I	2005	Suzanne Dills
NW Zone:	30.06Z	2007	Sarah Welch

Finals

6	Shirley Schreiber	62	WVM-IW 44.16
7	Jett Vallandigham	63	MCM-IW 50.88

Women 60-64 100 Yard Free

Inland NW:	1:10.38I	2005	Suzanne Dills
NW Zone:	1:06.70Z	2007	Sally Dillon

1	Shirley Schreiber	62	WVM-IW 1:35.20
			45.48
2	Jett Vallandigham	63	MCM-IW 1:56.50
			54.02

Women 60-64 50 Yard Back

Inland NW:	44.98I	1990	Peggy Knowles
NW Zone:	36.14Z	2002	Barbara Frid

Finals

6	Carolyn MaGee	64	WVM-IW 55.51
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Women 60-64 100 Yard Back

Inland NW:	1:36.96I	2007	Carolyn MaGee
NW Zone:	1:19.07Z	2006	Joy Ward

Finals

1	Carolyn MaGee	64	WVM-IW 1:59.04
			58.08

Women 60-64 200 Yard Back

Inland NW:	3:26.49I	2008	Carolyn Magee
NW Zone:	2:50.94Z	2006	Joy Ward

1	Carolyn MaGee	64	WVM-IW 4:02.96
			56.07 1:57.85

Women 60-64 50 Yard Breast

Inland NW:	46.87I	2006	Carolyn Magee
NW Zone:	36.30Z	2006	Ginger Pierson

Finals

1	Shirley Schreiber	62	WVM-IW 52.07
2	Jett Vallandigham	63	MCM-IW 55.93

Women 60-64 100 Yard Breast

Inland NW:	1:43.24I	2006	Carolyn Magee
NW Zone:	1:19.98Z	2008	Ginger Pierson

1	Jett Vallandigham	63	MCM-IW 2:06.97
			59.07

Women 60-64 200 Yard Breast

Inland NW:	3:43.64I	2008	Carolyn Magee
NW Zone:	2:57.67Z	2008	Ginger Pierson

Finals

1	Carolyn MaGee	64	WVM-IW 4:15.75
			59.04 2:03.68

Women 60-64 50 Yard Fly

Inland NW:	35.77I	2005	Suzanne Dills
NW Zone:	32.43Z	2003	Joy Ward

1	Shirley Schreiber	62	WVM-IW 50.63
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Women 60-64 100 Yard IM

Inland NW:	1:17.73I	2005	Suzanne Dills
NW Zone:	1:17.73Z	2005	Suzanne Dills

Finals

6	Carolyn MaGee	64	WVM-IW 1:49.50
			54.71

Women 60-64 400 Yard IM

Inland NW:	6:13.13I	2006	Suzanne Dills
NW Zone:	6:13.13Z	2006	Suzanne Dills

1	Shirley Schreiber	62	WVM-IW 7:57.59
			1:56.88 3:57.45

Women 65-69 50 Yard Free

Inland NW:	38.48I	2003	Marvel Kimball
NW Zone:	31.53Z	2007	Barbara Frid

Finals

6	Suzy McKinnon	69	MM-MT 54.12
7	Kathleen Miller	67	WVM-IW 54.43

Women 65-69 100 Yard Free

Inland NW:	1:26.51I	2003	Marvel Kimball
NW Zone:	1:10.90Z	1998	Lavelle Stoinoff

1	Kathleen Miller	67	WVM-IW 2:10.30
			59.57

Women 65-69 50 Yard Back

Inland NW:	51.51I	2003	Marvel Kimball
NW Zone:	36.62Z	2009	Joy Ward

Finals

6	Suzy McKinnon	69	MM-MT 1:02.69
7	Kathleen Miller	67	WVM-IW 1:03.11

Women 65-69 100 Yard Back

Inland NW:	1:54.87I	1997	Peggy Phillips
NW Zone:	1:20.75Z	2009	Joy Ward

Finals

1	Suzy McKinnon	69	MM-MT 2:15.84
			1:03.57

Women 65-69 200 Yard Back

Inland NW:	5:29.10I	1987	Maureen Schmah
NW Zone:	2:56.66Z	1999	Lavelle Stoinoff

1	Suzy McKinnon	69	MM-MT 4:51.51I
			1:04.99 2:19.15

Women 65-69 50 Yard Fly

Inland NW:	58.19I	2003	Marvel Kimball
NW Zone:	34.01Z	2007	Barbara Frid

1	Kathleen Miller	67	WVM-IW 1:16.44
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Women 65-69 100 Yard IM

Inland NW:	1:51.48I	2003	Marvel Kimball
NW Zone:	1:21.23Z	2009	Barbara Frid

Finals

6	Suzy McKinnon	69	MM-MT 2:32.26
			1:09.86
7	Kathleen Miller	67	WVM-IW 2:33.45
			1:09.17

Women 75-79 50 Yard Free

Inland NW:	50.52I	1998	Jean Rudolph
NW Zone:	41.70Z	2006	Barbara Jackson

Finals

6	Madonna Buder	79	UNAT-IW 51.24
7	Jane Haase	77	WVM-IW 59.63

Women 75-79 100 Yard Free

Inland NW:	1:58.36I	1998	Jean Rudolph
NW Zone:	1:45.54Z	1998	Pauline Stangel

1	Madonna Buder	79	UNAT-IW 1:54.47I
			54.68
2	Jane Haase	77	WVM-IW 2:07.02
			59.52

Women 75-79 1650 Yard Free

Inland NW:	35:40.01I	2007	Madonna Buder
NW Zone:	35:40.01Z	2007	Madonna Buder

1	Madonna Buder	79	UNAT-IW 35:36.62I
			54.14 1:56.62 4:02.84 10:29.65
			21:25.45

Women 75-79 50 Yard Back

Inland NW:	59.86I	1999	Jean Rudolph
NW Zone:	45.24Z	2005	Barbara Jackson

Finals

6	Madonna Buder	79	UNAT-IW 1:15.05
7	Jane Haase	77	WVM-IW 1:23.25

Women 75-79 50 Yard Breast

Inland NW:	1:07.74I	2007	Madonna Buder
NW Zone:	54.09Z	1999	Muriel Flynn

Finals

1	Jane Haase	77	WVM-IW 1:35.25
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Women 75-79 100 Yard Breast

Inland NW:	2:31.86I	2007	Madonna Buder
NW Zone:	1:58.49Z	1999	Muriel Flynn

1	Peony Munger	75	WVM-IW 2:21.59I
			1:07.35
2	Madonna Buder	79	UNAT-IW 2:35.77
			1:11.40

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Women 75-79 200 Yard Breast

NW Zone: 4:12.25Z 1999 Muriel Flynn

Finals

1 Peony Munger 75 WVM-IW 5:10.75
 1:10.05 2:30.15

Women 75-79 50 Yard Fly

Inland NW: 1:52.80I 2009 Madonna Buder

NW Zone: 52.91Z 2000 Betty Kercheval

1 Jane Haase 77 WVM-IW 1:40.42I

Women 75-79 100 Yard Fly

NW Zone: 2:07.36Z 2000 Betty Kercheval

Finals

1 Peony Munger 75 WVM-IW 2:49.94
 1:21.55

Women 75-79 200 Yard Fly

NW Zone: 5:15.05Z 1992 Pat Matthiesen

Finals

1 Peony Munger 75 WVM-IW 6:03.81
 1:25.19 3:02.14

Women 75-79 400 Yard IM

NW Zone: 9:47.55Z 2002 Margaret Wells

1 Peony Munger 75 WVM-IW 10:17.60
 33.08

Men 18-24 50 Yard Free

Inland NW: 21.89I 1985 Don Moravec

NW Zone: 20.41Z 2000 Michael Burton

A - Final

1 Anthony Tappin 20 3RMS-IW 23.42
 3 Ernest Chajon 22 WVM-IW 25.61

Men 18-24 100 Yard Free

Inland NW: 47.93I 2007 Jason Lyons

NW Zone: 45.90Z 1992 John Keppeler

1 Anthony Tappin 20 3RMS-IW 51.82
 25.42
 2 Ernest Chajon 22 WVM-IW 57.77
 27.09

Men 18-24 50 Yard Back

Inland NW: 26.88I 1986 Brian Wilkerson

NW Zone: 24.19Z 1992 John Keppeler

A - Final

1 Anthony Tappin 20 3RMS-IW 26.51I

Men 18-24 100 Yard Back

Inland NW: 1:00.30I Bruce Crist

NW Zone: 51.22Z 1991 John Keppeler

A - Final

1 Anthony Tappin 20 3RMS-IW 1:00.32
 30.37

Men 18-24 50 Yard Fly

Inland NW: 24.91I 1991 Mike Nation

NW Zone: 23.19Z 2009 Brian Goldman

1 Ernest Chajon 22 WVM-IW 27.81

Men 30-34 50 Yard Free

Inland NW: 22.74I 1988 John Kafentzis

NW Zone: 21.47Z 1998 Pat Hayes

A - Final

2 James Adams 32 WVM-IW 23.80

Men 30-34 500 Yard Free

Inland NW: 5:06.75I 1993 Don Moravec

NW Zone: 4:44.28Z 1995 Jeff Stiling

A - Final

1 James Adams 32 WVM-IW 5:21.98
 27.82 58.72 2:03.39

Finals

6 Mike Cochran 30 WVM-IW 9:05.30
 46.01 1:37.42 3:29.71

Men 30-34 50 Yard Back

Inland NW: 25.74I 1996 Richard Swoboda

NW Zone: 24.82Z 2000 Paul Watson

A - Final

4 James Adams 32 WVM-IW 29.17

Finals

6 Mike Cochran 30 WVM-IW 46.92

Men 30-34 100 Yard Back

Inland NW: 55.16I 1996 Richard Swoboda

NW Zone: 53.59Z 2000 Paul Watson

A - Final

1 Kyle Knott 32 WVM-IW 1:12.79
 35.30

Men 30-34 50 Yard Breast

Inland NW: 29.10I 1988 Lee Rider

NW Zone: 26.78Z 1990 Robert Jackson

Finals

1 Mike Cochran 30 WVM-IW 43.21

Men 30-34 100 Yard Breast

Inland NW: 1:03.79I 1988 Lee Rider

NW Zone: 58.51Z 2004 Gregory Latta

1 Casey Hall 31 WVM-IW 1:11.70
 34.47

2 Kyle Knott 32 WVM-IW 1:13.99
 34.72

Men 30-34 50 Yard Fly

Inland NW: 24.89I 1987 Michael Johnson

NW Zone: 22.93Z 2000 Michael Sorensen

1 James Adams 32 WVM-IW 25.76
 2 Mike Cochran 30 WVM-IW 39.94

Men 30-34 100 Yard Fly

Inland NW: 54.81I 1996 Richard Swoboda

NW Zone: 50.46Z 1999 Michael Sorensen

A - Final

1 Casey Hall 31 WVM-IW 1:04.68
 30.34

2 Kyle Knott 32 WVM-IW 1:07.41
 31.61

Men 30-34 200 Yard Fly

Inland NW: 2:09.72I 1988 Michael Johnson

NW Zone: 1:54.11Z 1993 Michael Makarczyk

A - Final

1 James Adams 32 WVM-IW 2:16.88
 28.18 1:01.58

Men 30-34 200 Yard IM

Inland NW: 2:01.17I 1999 Richard Swoboda

NW Zone: 1:56.51Z 2002 Gregory Latta

1 Casey Hall 31 WVM-IW 2:22.56
 29.90

2 Kyle Knott 32 WVM-IW 2:30.73
 31.36

3 Mike Cochran 30 WVM-IW 3:27.75
 45.16

Men 35-39 50 Yard Free

Inland NW: 22.74I 1990 John Kafentzis

NW Zone: 21.11Z 2000 Pat Hayes

Finals

6 Sebastien Guillot 39 3RMS-IW 25.86

Men 35-39 100 Yard Free

Inland NW: 49.82I 2007 Roy Berg

NW Zone: 46.04Z 2000 Pat Hayes

1 Sebastien Guillot 39 3RMS-IW 57.38
 27.91

Men 35-39 500 Yard Free

Inland NW: 5:19.05I 1994 David Barnes

NW Zone: 4:43.56Z 1997 Jeff Stiling

A - Final

2 Jason Hart 37 3RMS-IW 6:13.15
 34.63 1:12.31 2:27.34

Men 35-39 50 Yard Fly

Inland NW: 25.38I 1993 David Barnes

NW Zone: 23.06Z 2003 Michael Sorensen

1 Sebastien Guillot 39 3RMS-IW 28.90

Men 35-39 100 Yard Fly

Inland NW: 55.74I 1994 David Barnes

NW Zone: 50.30Z 2003 Michael Sorensen

A - Final

1 Jason Hart 37 3RMS-IW 1:17.77
 35.78

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Men 35-39 100 Yard IM

Inland NW: 55.93I 2007 Roy Berg
NW Zone: 54.12Z 2000 Pat Hayes

A - Final

3 Sebastien Guillot 39 3RMS-IW 1:09.16
32.17

Men 35-39 200 Yard IM

Inland NW: 2:09.47I 1994 David Barnes
NW Zone: 1:57.43Z 2006 Greg Latta

1 Jason Hart 37 3RMS-IW 2:40.63
34.55

Men 40-44 500 Yard Free

Inland NW: 5:09.72I 2003 Lincoln Djang
NW Zone: 4:41.58Z 2006 Dennis Baker

A - Final

4 Mike Hartley 40 WVM-IW 7:08.31
35.21 1:15.66 2:41.69

Men 40-44 200 Yard Breast

Inland NW: 2:23.05I 2003 Lincoln Djang
NW Zone: 2:12.85Z 1992 Rick Colella

A - Final

1 Mike Hartley 40 WVM-IW 2:54.06
36.85 1:21.22

Men 45-49 50 Yard Free

Inland NW: 22.56I 2001 Larry Krauser
NW Zone: 22.50Z 2002 Rick Abbott

Finals

6 Scott Sinclair 48 WVM-IW 27.70
7 Bill Reed 45 WVM-IW 29.11

Men 45-49 100 Yard Free

Inland NW: 49.41I 2001 Larry Krauser
NW Zone: 49.33Z 2002 Rick Abbott

1 Wes Bratton 45 TCAS-IW 54.90
26.29
2 Sean Murphy 46 3RMS-IW 58.74
27.77
3 Scott Sinclair 48 WVM-IW 1:03.12
29.27
4 Bill Reed 45 WVM-IW 1:06.13
31.02

Men 45-49 200 Yard Free

Inland NW: 1:49.84I 2001 Larry Krauser
NW Zone: 1:45.04Z 2007 Dennis Baker

Finals

1 Sean Murphy 46 3RMS-IW 2:14.02
29.74 1:03.13

Men 45-49 50 Yard Back

Inland NW: 27.92I 2007 Brian McGuire
NW Zone: 25.65Z 1988 Robert Smith

A - Final

3 Wes Bratton 45 TCAS-IW 28.94

Finals

6 Sean Murphy 46 3RMS-IW 34.01

Men 45-49 100 Yard Back

Inland NW: 58.49I 2007 Lincoln Djang
NW Zone: 56.14Z 1988 Robert Smith

A - Final

1 Wes Bratton 45 TCAS-IW 1:01.61
30.69

Men 45-49 50 Yard Breast

Inland NW: 30.10I 2005 Bernard Kingsly
NW Zone: 27.09Z 2009 James Corbeau

A - Final

1 Bill Reed 45 WVM-IW 42.59

Men 45-49 200 Yard Breast

Inland NW: 2:18.82I 2007 Lincoln Djang
NW Zone: 2:09.29Z 2009 Tom Fristoe

Finals

1 Sean Murphy 46 3RMS-IW 3:00.52
39.46 1:25.12

Men 45-49 50 Yard Fly

Inland NW: 25.64I 2007 Brian McGuire
NW Zone: 23.89Z 2007 Brad Hering

1 Scott Sinclair 48 WVM-IW 30.47
2 Sean Murphy 46 3RMS-IW 30.69
3 Bill Reed 45 WVM-IW 32.64

Men 45-49 100 Yard IM

Inland NW: 59.82I 2005 Bernard Kingsly
NW Zone: 56.11Z 2007 Brad Hering

A - Final

2 Wes Bratton 45 TCAS-IW 1:03.07
28.59

Finals

6 Scott Sinclair 48 WVM-IW 1:14.47
35.09
7 Bill Reed 45 WVM-IW 1:18.87
36.73

Men 50-54 50 Yard Free

Inland NW: 22.68I 2004 Larry Krauser
NW Zone: 22.68Z 2004 Larry Krauser

A - Final

4 David Cabrey 54 3RMS-IW 26.57
5 Stephen Harger 50 MLMR-IW 26.75

Finals

6 Alan Kirpes 51 WVM-IW 30.20

Men 50-54 100 Yard Free

Inland NW: 49.74I 2004 Larry Krauser
NW Zone: 48.25Z 2008 Rick Abbott

1 David Cabrey 54 3RMS-IW 58.65
28.78
2 Stephen Harger 50 MLMR-IW 59.01
27.79

3 Alan Kirpes 51 WVM-IW 1:10.32
34.48

Men 50-54 500 Yard Free

Inland NW: 5:03.96I 2006 Larry Krauser
NW Zone: 5:03.96Z 2006 Larry Krauser

A - Final

3 Roman Piper 50 TCAS-IW 6:39.13
34.26 1:13.00 2:34.32

Finals

6 Stephen Harger 50 MLMR-IW 6:40.02
37.99 1:16.16 2:35.30

Men 50-54 1650 Yard Free

Inland NW: 17:36.81I 2004 Larry Krauser
NW Zone: 17:36.81Z 2004 Larry Krauser

1 Rufus Woods 53 WVM-IW 34:18.75
50.38 1:50.11 3:53.03 10:16.02
20:47.09

Men 50-54 50 Yard Back

Inland NW: 28.40I 2003 Richard Green
NW Zone: 26.24Z 1993 Robert Smith

A - Final

2 Lincoln Djang 50 3RMS-IW 26.65I
5 David Cabrey 54 3RMS-IW 34.35

Finals

6 Roman Piper 50 TCAS-IW 31.28
7 Alan Kirpes 51 WVM-IW 39.08

Men 50-54 100 Yard Back

Inland NW: 1:01.52I 2003 Richard Green
NW Zone: 56.16Z 2008 Rick Abbott

A - Final

1 Roman Piper 50 TCAS-IW 1:11.69
34.30

Men 50-54 200 Yard Back

Inland NW: 2:13.48I 2003 Richard Green
NW Zone: 2:10.14Z 2007 Wes Edwards

1 Lincoln Djang 50 3RMS-IW 2:04.88Z
30.66 1:02.63

Men 50-54 50 Yard Breast

Inland NW: 30.46I 2006 Robert Morrison
NW Zone: 28.46Z 2009 Patrick Allender

A - Final

1 Lincoln Djang 50 3RMS-IW 29.03I
2 Roman Piper 50 TCAS-IW 34.10

Men 50-54 100 Yard Breast

Inland NW: 1:08.17I 1999 Michael Merrell
NW Zone: 1:03.20Z 2009 Patrick Allender

1 Roman Piper 50 TCAS-IW 1:16.86
35.63
2 Jesse Macias 52 UNAT-IW 2:38.29

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Men 50-54 50 Yard Fly

Inland NW:	25.95I	2004	Larry Krauser
NW Zone:	24.24Z	2007	Donald Graham
1	Lincoln Djang	50	3RMS-IW 25.19I
2	Stephen Harger	50	MLMR-IW 30.88
3	Alan Kirpes	51	WVM-IW 34.71

Men 50-54 100 Yard IM

Inland NW:	1:00.27I	2007	David Barnes
NW Zone:	57.99Z	2007	Donald Graham

A - Final

1	Lincoln Djang	50	3RMS-IW 56.96Z
			26.26
4	David Cabrey	54	3RMS-IW 1:11.93
			32.72

Men 55-59 50 Yard Free

Inland NW:	23.14I	2009	Larry Krauser
NW Zone:	22.90Z	2009	Mike Tennant

Finals

*6	Steve Tanner	56	LCM-IW 32.27
*6	Kurt Wendel	56	WVM-IW 32.27

Men 55-59 100 Yard Free

Inland NW:	51.36I	2009	Larry Krauser
NW Zone:	51.21Z	2009	Mike Tennant
1	Vincent Scovazza	57	TCAS-IW 1:03.42
			30.54
2	Kurt Wendel	56	WVM-IW 1:15.28
			34.36

Men 55-59 200 Yard Free

Inland NW:	1:53.10I	2009	Larry Krauser
NW Zone:	1:53.10Z	2009	Larry Krauser

A - Final

1	Vincent Scovazza	57	TCAS-IW 2:19.65
			32.85 1:08.19

Finals

2	Kurt Wendel	56	WVM-IW 2:55.37
			37.92 1:23.18

Men 55-59 500 Yard Free

Inland NW:	5:16.06I	2009	Larry Krauser
NW Zone:	5:16.06Z	2009	Larry Krauser

Finals

6	Kurt Wendel	56	WVM-IW 8:05.97
			44.60 1:32.85 3:12.47

Men 55-59 1650 Yard Free

Inland NW:	18:22.20I	2009	Larry Krauser
NW Zone:	18:22.20Z	2009	Larry Krauser

1	Larry Krauser	56	SCM-IW 19:29.36
			32.73 1:09.15 2:21.78 5:55.54
			11:53.75
2	Steve Tanner	56	LCM-IW 25:07.18
			39.13 1:21.64 2:52.47 7:32.20
			15:14.64

Men 55-59 50 Yard Back

Inland NW:	30.57I	2009	Larry Krauser
NW Zone:	26.86Z	1999	Robert Smith

Finals

6	Steve Tanner	56	LCM-IW 38.16
7	Bob Henager	59	MCM-IW 44.75

Men 55-59 100 Yard Back

Inland NW:	1:09.44I	2008	Larry Krauser
NW Zone:	58.93Z	2009	Wes Edwards

A - Final

1	Steve Tanner	56	LCM-IW 1:28.43
			43.38

Men 55-59 200 Yard Back

Inland NW:	2:32.02I	2008	Larry Krauser
NW Zone:	2:07.74Z	2009	Wes Edwards

1	Larry Krauser	56	SCM-IW 2:24.10I
			35.79 1:13.13

Men 55-59 50 Yard Breast

Inland NW:	32.01I	1993	David Daboll
NW Zone:	28.74Z	2008	Rick Colella

Finals

1	Bob Henager	59	MCM-IW 42.86
2	Mark Amara	59	MLMR-IW 45.24
3	Kurt Wendel	56	WVM-IW 50.45

Men 55-59 100 Yard Breast

Inland NW:	1:10.45I	1993	David Daboll
NW Zone:	1:03.07Z	2008	Rick Colella

1	Bob Henager	59	MCM-IW 1:36.10
			45.42
2	Mark Amara	59	MLMR-IW 1:39.09
			47.44

Men 55-59 200 Yard Breast

Inland NW:	2:42.25I	1993	David Daboll
NW Zone:	2:17.05Z	2008	Rick Colella

A - Final

1	Bob Henager	59	MCM-IW 3:42.09
			45.67 1:41.04

Men 55-59 50 Yard Fly

Inland NW:	29.69I	2004	Steve Wolcott
NW Zone:	25.92Z	2008	Scott Lautman

1	Larry Krauser	56	SCM-IW 28.07I
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Men 55-59 200 Yard Fly

Inland NW:	2:56.97I	1993	Paul Borg
NW Zone:	2:06.09Z	2008	Scott Lautman

A - Final

1	Larry Krauser	56	SCM-IW 2:37.51I
			32.81 1:13.83

Men 55-59 100 Yard IM

Inland NW:	1:02.69I	2009	Larry Krauser
NW Zone:	58.64Z	2008	Rick Colella

Finals

6	Vincent Scovazza	57	TCAS-IW 1:19.60
			39.43
7	Steve Tanner	56	LCM-IW 1:24.07
			39.25

Men 65-69 50 Yard Free

Inland NW:	29.18I	2008	Wayne Brown
NW Zone:	24.36Z	2009	Robert Smith

Finals

6	Wayne Brown	67	WVM-IW 30.18
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Men 65-69 100 Yard Free

Inland NW:	1:07.00I	1987	Bill Odman
NW Zone:	54.53Z	2007	Tom Landis

1	Wayne Brown	67	WVM-IW 1:09.98
			34.50

Men 65-69 200 Yard Free

Inland NW:	2:32.57I	1987	Bill Odman
NW Zone:	2:01.36Z	2007	Tom Landis

A - Final

1	Wayne Brown	67	WVM-IW 2:44.46
			36.72 1:18.56

Men 65-69 500 Yard Free

Inland NW:	7:14.70I	1986	Bill Odman
NW Zone:	5:37.64Z	2007	Tom Landis

Finals

6	Wayne Brown	67	WVM-IW 7:38.40
			40.54 1:21.94 2:53.21

Men 65-69 50 Yard Fly

Inland NW:	34.51I	1991	Duane Draves
NW Zone:	27.91Z	2007	Bert Petersen

1	Wayne Brown	67	WVM-IW 38.30
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Men 70-74 50 Yard Free

Inland NW:	28.90I	1998	Duane Draves
NW Zone:	27.03Z	2007	David Radcliff

Finals

6	Dennis Osier	71	WVM-IW 38.71
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Men 70-74 100 Yard Free

Inland NW:	1:05.38I	1998	Duane Draves
NW Zone:	59.21Z	2007	David Radcliff

1	Dennis Osier	71	WVM-IW 1:24.88
			38.74

2	Glen Murray	70	MCM-IW 1:35.46
			45.31

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Men 70-74 200 Yard Free

Inland NW: 2:26.66I 1998 Duane Draves
NW Zone: 2:09.83Z 2007 David Radcliff

Finals

1 Dennis Osier 71 WVM-IW 3:12.61
 39.09 1:25.77

Men 70-74 500 Yard Free

Inland NW: 6:59.56I 1998 Duane Draves
NW Zone: 5:57.07Z 2007 David Radcliff

Finals

6 Dennis Osier 71 WVM-IW 9:03.89
 44.57 1:37.23 3:27.18

Men 70-74 1650 Yard Free

Inland NW: 27:33.05I 2006 James Davies
NW Zone: 20:53.73Z 2006 David Radcliff

1 Dennis Osier 71 WVM-IW 31:09.19
 43.38 1:34.00 3:24.85 9:17.64
 18:57.52

Men 70-74 100 Yard Back

Inland NW: 1:16.23I 1996 Duane Draves
NW Zone: 1:14.06Z 1999 Robert Miller

Finals

1 Bob McKinnon 72 MM-MT 1:56.84
 1:57.07

Men 70-74 50 Yard Breast

Inland NW: 45.44I 2009 Glen Murray
NW Zone: 37.05Z 2003 Ron Taylor

Finals

1 Bob McKinnon 72 MM-MT 45.66
 2 Glen Murray 70 MCM-IW 45.71

Men 70-74 100 Yard Breast

Inland NW: 1:28.39I 1997 Duane Draves
NW Zone: 1:24.31Z 2001 Thomas Taylor

1 Glen Murray 70 MCM-IW 1:41.53
 47.61
 2 Bob McKinnon 72 MM-MT 1:42.73
 46.55

Men 70-74 200 Yard Breast

Inland NW: 3:42.48I 2009 Glen Murray
NW Zone: 3:13.82Z 2001 Thomas Taylor

A - Final

1 Glen Murray 70 MCM-IW 3:39.89I
 48.28 1:42.36

Men 70-74 100 Yard Fly

Inland NW: 1:26.42I 1997 Duane Draves
NW Zone: 1:18.88Z 1990 Andrew Holden

Finals

1 Bob McKinnon 72 MM-MT 1:53.89
 51.62

Men 70-74 200 Yard IM

Inland NW: 2:51.16I 1997 Duane Draves
NW Zone: 2:43.52Z 1999 Robert Miller

1 Bob McKinnon 72 MM-MT 3:45.87
 51.07

Men 75-79 50 Yard Free

Inland NW: 33.75I 1989 Roland Portman
NW Zone: 26.84Z 2009 David Radcliff

Finals

6 Jack Bevier 77 WVM-IW 35.17

Men 75-79 100 Yard Free

Inland NW: 1:15.69I 1995 Bill Odman
NW Zone: 58.68Z 2009 David Radcliff

1 Jack Bevier 77 WVM-IW 1:21.87
 39.43

Men 75-79 200 Yard Free

Inland NW: 3:04.63I 2008 Jack Bevier
NW Zone: 2:08.77Z 2009 David Radcliff

Finals

1 Jack Bevier 77 WVM-IW 3:07.11
 40.46 1:27.96

Men 75-79 500 Yard Free

Inland NW: 8:20.03I 2008 Jack Bevier
NW Zone: 6:05.87Z 2009 David Radcliff

Finals

6 Jack Bevier 77 WVM-IW 8:57.17
 42.65 1:35.43 3:25.74

Men 75-79 200 Yard Fly

NW Zone: 3:29.52Z 1995 Gerald Huestis

Finals

--- Jack Bevier 77 WVM-IW DQ
 58.39 2:12.08

Men 80-84 50 Yard Back

Inland NW: 55.33I 1993 C.J. Hamilton
NW Zone: 40.90Z 1999 Andrew Holden

Finals

6 Bill Bresko 82 FAF-IW 1:14.08

Men 80-84 50 Yard Breast

Inland NW: 53.65I 1993 C.J. Hamilton
NW Zone: 45.08Z 2007 Lee Miesen

Finals

1 Bill Bresko 82 FAF-IW 1:04.21

Men 80-84 50 Yard Fly

Inland NW: 1:10.46I 2008 Bill Bresko
NW Zone: 36.46Z 1999 Andrew Holden

1 Bill Bresko 82 FAF-IW 1:16.96

Men 80-84 100 Yard IM

Inland NW: 2:12.03I 1996 Charles M.A. Woolls
NW Zone: 1:26.72Z 2000 Andrew Holden

Finals

6 Bill Bresko 82 FAF-IW 2:31.80
 1:21.14

Women 25+ 200 Yard Medley Relay

Inland NW: 2:00.34I 1991 IEM- Jema Delistraty
Susan Kirkland, Vicki Marsh, Judy Kelsch

NW Zone: 1:55.29Z 1999 ORE- Michelle Donahue

Maureen Haslach, F. Gambetti, Karen Hakonson

A - Final

1 WVM-IW A 2:36.08
 Nadine Lehrner W33 Adria Gunderson W32
 Melissa Moser W40 Kristen Heath W27
 49.19

Women 35+ 200 Yard Free Relay

Inland NW: 2:00.46I 1989 CSF- Maily Kress

Carolyn Kent, Victoria Spohr, Anita Magnuson

NW Zone: 1:45.00Z 1999 ORE- Karen Allen

M. Morrell, Barbara Harris, C. Chilcott

1 LCM-IW A 2:27.63
 Cindy Clutter W50 Mary Adams W55
 TinaMarie Bell W44 Margaret Hair W55
 26.46

Women 35+ 200 Yard Medley Relay

Inland NW: 2:10.33I 2007 IWM- Kris McGuire

Beth Poston, Kathy Bricel, Leslie Whiteside

NW Zone: 1:59.07Z 1997 PNA- Zena Courtney

Lisa Wilson, Mary Lippold, Charlotte Davis

Finals

1 LCM-IW A 2:57.51
 Mary Adams W55 TinaMarie Bell W44
 Margaret Hair W55 Cindy Clutter W50
 52.03

Women 45+ 200 Yard Free Relay

Inland NW: 2:02.71I 2007 IWM- Jennifer Tonkyn

Margaret Hair, Barbara Cosens, Kathy Bricel

NW Zone: 1:45.48Z 2002 PNA- Jo Moore

Charlotte Davis, Debbie Glassman, Mary Lippold

1 WVM-IW A 2:31.03
 Niki Stewart W50 Ann Sobba Higley W46
 Shirley Schreiber W62 Lesley Allan W51
 26.71

Women 55+ 200 Yard Free Relay

Inland NW: 2:54.75I 2008 WVM- Shirley Schreiber

Teresa Wendel, Alexis Smart, Carolyn MaGee

NW Zone: 1:57.59Z 2009 PNA- Sarah Welch

Suzanne Dills, Debbie Glassman, Charlotte Davis

1 WVM-IW A 3:17.91
 Carolyn MaGee W64 Teresa Wendel W57
 Kathleen Miller W67 Jane Haase W77
 30.10

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Women 55+ 200 Yard Medley Relay

Inland NW: 3:02.19I 2009 IWM- Shirley Schreiber
 Alexis Smart, Carolyn MaGee, Teresa Wendel

NW Zone: 2:15.54Z 2007 PNA- Suzanne Dills

Sally Dillon, Charlotte Davis, Sarah Welch

A - Final

1	WVM-IW	A	3:42.10
	Teresa Wendel W57	Carolyn MaGee W64	
	Shirley Schreiber W62	Jane Haase W77	
	52.22		

Men 18+ 200 Yard Free Relay

Inland NW: 1:31.36I 1982 IEM- Bernie Kingsly
 Will Delaney, John Kafentzis, Mark Morgan

NW Zone: 1:27.86Z 1992 MAC- John Keppeler

David Burleson, John Kingery, Dirk Marshall

1	3RMS-IW	A	1:44.02
	Sebastien Guillot M39	Jason Hart M37	
	David Cabrey M54	Anthony Tappin M20	
	35.67		

Men 18+ 200 Yard Medley Relay

Inland NW: 1:46.66I 1995 CSF- Rich Swoboda
 Brooks McCartney, Jack Keane, Scott Swoboda

NW Zone: 1:40.10Z 1995 PNA- Al Capron

Todd Dougherty, Jody Braden, Justin Siegal

A - Final

2	WVM-IW	A	1:57.18
	James Adams M32	Kyle Knott M32	
	Ernest Chajon M22	Casey Hall M31	
	29.19		

Finals

1	3RMS-IW	A	1:51.34
	Anthony Tappin M20	Lincoln Djang M50	
	Sebastien Guillot M39	Sean Murphy M46	
	27.30		

Men 25+ 200 Yard Free Relay

Inland NW: 1:34.39I 1994 CSF- Brooks McCartney
 Mike Little, Dave Barnes, Rich Swoboda

NW Zone: 1:28.11Z 1998 UTA- Joe Hughes

Erik Hanssen, Jon Frohlich, Erik Crankshaw

1	WVM-IW	A	1:42.39
	James Adams M32	Kyle Knott M32	
	Casey Hall M31	Mike Hartley M40	
	30.87		

Men 45+ 200 Yard Free Relay

Inland NW: 1:54.30I 1991 IEM- Robert Gregory
 Armin Arndt, Dave Daboll, Charles Sheldon

NW Zone: 1:30.56Z 2007 PNA- Brad Hering

Rich Loudon, Jay Leigh, Karl Weiss

1	WVM-IW	A	1:52.68I
	Scott Sinclair M48	Bill Reed M45	
	Roland Giller M46	Alan Kirpes M51	
	31.98		

Men 45+ 200 Yard Medley Relay

Inland NW: 2:05.91I 2007 MCM- Brian Johnson
 Thomas Lamar, Charlie Gerke, Steve McGeehan

NW Zone: 1:44.29Z 2009 ORE- Brent Washburne

James Corbeau, David Hathaway, Bill Sumerfield

A - Final

1	WVM-IW	A	2:14.68
	Roland Giller M46	Scott Sinclair M48	
	Bill Reed M45	Alan Kirpes M51	
	32.09		

Men 55+ 200 Yard Free Relay

Inland NW: 2:07.91I 2008 WVM- Jack Bevier
 Kurt Wendel, Tim Larson, Wayne Brown

NW Zone: 1:32.18Z 2009 ORE- Mike Tennant

Doug Brockbank, Wes Edwards, Larry Philbrick

1	WVM-IW	A	2:17.28
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Men 55+ 200 Yard Medley Relay

Inland NW: 2:31.68I 2009 WVM-Tim Larson
 Wayne, Brown, Casimir Lorentz, Kurt Wendel

NW Zone: 1:45.32Z 2009 ORE- Wes Edwards

Allen Stark, Larry Philbrick, Mike Tennant

A - Final

1	WVM-IW	A	2:59.75
	Kurt Wendel M56	Wayne Brown M67	
	Jack Bevier M77	Dennis Osier M71	
	51.59		

Mixed 18+ 200 Yard Free Relay

Inland NW: 1:38.36I 1982 IEM- Bernie Kingsly
 Zoe Baumann, Lori Clark, Mark Morgan

NW Zone: 1:34.41Z 2007 PNA- Alden Kroll

Shona Pierce, Erin Jacobson, Brian Goldman

---	3RMS-IW	A	X2:14.42
	Amanda Djang W29	Lincoln Djang M50	
	Amanda Moogie-Smiley W	April Axtell W22	
	28.54		

Mixed 18+ 200 Yard Medley Relay

Inland NW: 1:49.67I 1986 IEM- Lori Clark
 Rick Howell, Garvin Morlan, Kim Veenstra

NW Zone: 1:49.10Z 1997 PNA- M. Jenkins

Jim Lasersohn, Margee Curran, Paton McClurg

A - Final

1	WVM-IW	A	2:14.20
	Kristen Heath W27	Adria Gunderson W32	
	Ernest Chajon M22	Casey Hall M31	
	39.95		

Finals

2	3RMS-IW	A	2:28.39
	April Axtell W22	David Cabrey M54	
	Jason Hart M37	Amanda Moogie-Smiley W	
	40.34		

Mixed 25+ 200 Yard Free Relay

Inland NW: 1:41.76I 1997 IEM- Robert Morrison
 Susan Kirkland, Vicki Marsh, R. Kim Piper

NW Zone: 1:34.91Z 1997 PNA- Scott Stone

Trisha Schwerzler, Shelley Birnie, Paton McClurg

A - Final

1	WVM-IW	A	1:52.27
	James Adams M32	Kristen Heath W27	
	Adria Gunderson W32	Kyle Knott M32	
	29.58		

Finals

2	WVM-IW	B	2:20.97
	Nadine Lehrer W33	Mike Cochran M30	
	Kurt Wendel M56	Melissa Moser W40	
	38.31		

Mixed 25+ 200 Yard Medley Relay

Inland NW: 1:53.55I 1985 IEM- Lori Clark
 Rick Howell, Catherine Chay, Mark Morgan

NW Zone: 1:48.16Z 2000 UTA- Erik Crankshaw

Angela Greenburg, Patrick Hayes, Stacey Tobey

Finals

1	WVM-IW	A	2:43.50
	Shirley Schreiber W62	Wayne Brown M67	
	Nadine Lehrer W33	Mike Cochran M30	
	49.81		

Mixed 35+ 200 Yard Free Relay

Inland NW: 1:45.34I 1990 IEM- Margaret Hair
 Carolyn, Kent, Jerry Scheibner, John Kafentzis

NW Zone: 1:34.08Z 1997 ORE- Simone La Pay

Gracie Goddard, Jeff Walker, Steve George

A - Final

1	WVM-IW	A	2:09.19
	Lesley Allan W51	Mike Hartley M40	
	Ann Sobba Higley W46	Scott Sinclair M48	
	30.77		

Finals

2	MCM-IW	A	2:46.44
	Glen Murray M70	Bob Henager M59	
	Jett Vallandigham W63	Lauren Torok W44	
	44.10		

Mixed 35+ 200 Yard Medley Relay

Inland NW: 2:04.18I 2007 IWM- David Cabrey
 Bruce Groth, Kathy Bricel, Karlin Spear

NW Zone: 1:48.96Z 1997 ORE- Peter Metzger

Pat Allender, Simone La Pay, Gracie Goddard

A - Final

1	WVM-IW	A	2:30.55
	Alan Kirpes M51	Mike Hartley M40	
	Melissa Moser W40	Ann Sobba Higley W46	
	38.60		

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Finals ... (Mixed 35+ 200 Yard Medley Relay)**Finals**

2	MCM-IW	A	2:40.80
	Lauren Torok W44	Bob Henager M59	
	Paige Buehler W41	Glen Murray M70	
			37.73

Mixed 45+ 200 Yard Free Relay**Inland NW: 2:00.48I 1991 IEM- Carolyn Kent****Mardelle Shagool, Armin Arndt, Bob Gregory****NW Zone: 1:39.99Z 2002 PNA- Ronald Jacobs****Mary Lippold, Debbie Glassman, Donald Graham****A - Final**

1	MLMR-IW	A	2:15.20
	Jane Borg W49	Mark Amara M59	
	Natalie Sanberg W57	Stephen Harger M50	
			34.04

Mixed 45+ 200 Yard Medley Relay**Inland NW: 2:11.66I 1997 IEM- Richard Green****Scott Wilson, Carolyn Magee, Diana Leake****NW Zone: 1:51.97Z 2007 PNA- Zena Courtney****Jon Baca, Lisa Dahl, Ronald Jacobs****Finals**

---	TCAS-IW	A	X2:13.48
	Roman Piper M50	Lynn Scovazzo W54	
	Wes Bratton M45	Vincent Scovazza M57	
			31.51

Mixed 45+ 200 Yard Medley Relay**Inland NW: 2:11.66I 1997 IEM- Richard Green****Scott Wilson, Carolyn Magee, Diana Leake****NW Zone: 1:51.97Z 2007 PNA- Zena Courtney****Jon Baca, Lisa Dahl, Ronald Jacobs****A - Final**

1	WVM-IW	A	2:29.49
	Roland Giller M46	Lesley Allan W51	
	Bill Reed M45	Carolyn MaGee W64	
			32.77
2	MLMR-IW	A	2:30.62
	Natalie Sanberg W57	Mark Amara M59	
	Stephen Harger M50	Jane Borg W49	
			40.75

Mixed 65+ 200 Yard Free Relay**Inland NW: 2:43.27I 1991 IEM- Jean Rudolph****Mickey Adams, Bill Odman, Duane Draves****NW Zone: 1:53.76Z 2009 ORE- Joy Ward****Robert Smith, Barbara Frid, Tom Landis****Finals**

1	WVM-IW	A	3:12.67
	Jane Haase W77	Jack Bevier M77	
	Kathleen Miller W67	Dennis Osier M71	
			58.50