

## SWAT 4th Annual Sink or Swim Meet - 10/22/2011

## Results

## #1 Men 40-44 400 Yard IM

Name	Age	Team	Finals Time
1 Steenhuis, Harm-Jan	44	SWAT	6:07.97
	38.23	44.05	48.79
	48.55	49.93	43.46
			45.53

## #1 Men 55-59 400 Yard IM

1 Morrison, Robert W	57	LCM	6:17.49
	35.47	45.33	51.83
	53.71	53.91	43.27
			43.44

## #1 Men 75-79 400 Yard IM

1 Bevier, Jack	79	WVM	8:47.29
	54.17	1:07.62	1:13.06
		1:16.36	52.07
			52.15

## #2 Women 35-39 1000 Yard Free

1 Lehrer, Nadine	35	WVM	16:55.77
	44.28	49.16	50.50
	52.12	51.26	51.70
	52.30	52.45	52.18
	52.72	51.89	51.42
	50.73	49.85	49.76
			48.57

## #2 Women 55-59 1000 Yard Free

1 Hair, Margaret	56	LCM	14:34.87
	37.92	41.88	43.42
	44.58	44.96	44.43
	44.51	44.72	44.43
	44.41	44.23	44.49
	44.16	43.95	43.48
2 Underwood, Sharon L	56	SWAT	18:38.58
	53.59	57.57	54.89
	55.79	56.00	55.44
	56.39	56.63	56.05
	57.49	57.86	55.50
	56.96	1:51.04	51.93

## #2 Women 80-84 1000 Yard Free

1 Buder, Madonna M	81	UNAT	22:43.27
	56.82	1:05.13	1:08.45
	1:09.30	1:08.84	1:08.89
	1:09.39	1:09.08	1:07.99
	1:10.09	1:08.69	1:08.71
	1:09.47	1:08.98	1:09.51
			1:08.00

## #2 Men 30-34 1000 Yard Free

1 Adams, James A	34	WVM	12:33.99
	29.22	1:10.71	36.92
	37.48	37.98	37.76
	37.91	39.73	39.57
	39.55	39.32	40.57
	39.80	37.70	34.91

## #2 Men 45-49 1000 Yard Free

1 Breidenbach, Jim A	47	SWAT	14:11.08
	34.02	39.37	40.87
	42.71	42.88	42.52
	43.14	43.59	42.65
	42.93	44.21	44.10
	43.51	44.17	44.18
			42.36

## #2 Men 50-54 1000 Yard Free

1 Harger, Stephen F	52	MLMR	14:22.58
	40.90	41.85	43.33
	42.99	42.31	42.87
	43.00	43.15	43.34
	43.70	43.47	43.72
	43.69	43.99	43.26
			42.15

## #2 Men 55-59 1000 Yard Free

1 Morrison, Robert W	57	LCM	14:19.92
	36.19	42.14	44.00
	43.82	43.65	43.67
	44.55	44.16	43.63
	43.76	42.88	42.68
	43.30	43.69	42.88
			41.18

## #3A Women 18+ 200 Yard Free Relay

1 SWAT	A	2:09.09
Balz, Erica J W34	Friedman, Heidi L W43	
Underwood, Sharon L W56	Semenko, Stephanie E W21	
	29.78	36.49
	32.81	30.01

## #3A Men 18+ 200 Yard Free Relay

1 CWST	A	1:39.38
Williamson, Eric R M20	Daling, Ian M19	
Johnson, Derek M18	Thorsnes, David M20	
	25.48	27.08
	24.10	22.72

## #3A Men 35+ 200 Yard Free Relay

1 SWAT	A	2:17.79
Hodgson, Mark M39	Breidenbach, Jim A M47	
Steenhuis, Harm-Jan M44	Mocabee, Richard D M58	
	36.54	30.31
	30.09	40.85

## #3A Men 55+ 200 Yard Free Relay

1 WVM	A	2:27.85
Brown, Wayne R M69	Magee, Patrick J M69	
Bevier, Jack M79	Wendel, Kurt S M58	
	31.98	45.37
	16.07	54.43

## #3B Mixed 18+ 200 Yard Free Relay

1 LCM	A	1:49.27
Hooper, Brady M22	Adams, Noelle D W30	
Lawrence, Lana W19	Morrison, Robert W M57	
	24.59	29.47
	28.68	26.53

## #3B Mixed 25+ 200 Yard Free Relay

1 WVM	A	2:21.95
Cochran, Mike J M31	Lehrer, Nadine W35	
Wendel, Teresa L W58	Adams, James A M34	
	33.30	41.41
	42.99	24.25

## #3B Mixed 65+ 200 Yard Free Relay

1 LCM	A	2:20.55
Waggoner, Bill M64	Waggoner, Gloria W64	
Hair, Margaret W56	Tanner, Stephen A M58	
	37.82	37.29
	16.03	49.41

## #4 Women 18-24 50 Yard Free

1 Barringer, Danika	19	CWST	28.83
2 Semenko, Stephanie E	21	SWAT	29.70

3 Henderson, Sierra	20	CWST	30.00
4 Sawyers, Emily	23	LCM	32.15

## #4 Women 30-34 50 Yard Free

1 Balz, Erica J	34	SWAT	29.71
2 Kato, Jessica	33	WVM	43.20

## #4 Women 35-39 50 Yard Free

1 Lehrer, Nadine	35	WVM	40.01
------------------	----	-----	-------

## #4 Women 40-44 50 Yard Free

1 Friedman, Heidi L	43	SWAT	28.34
---------------------	----	------	-------

## #4 Women 50-54 50 Yard Free

1 Borg, Jane L	50	MLMR	33.27
2 Knight, Virginia	51	OEVT	42.40

## #4 Women 55-59 50 Yard Free

1 Hair, Margaret	56	LCM	30.62
2 Underwood, Sharon L	56	SWAT	42.62
3 Wendel, Teresa L	58	WVM	44.05
4 Johnson, Emily C	56	SWAT	58.17

## #4 Women 60-64 50 Yard Free

1 Waggoner, Gloria	64	LCM	35.14
--------------------	----	-----	-------

## #4 Women 65-69 50 Yard Free

1 Magee, Carolyn M	65	WVM	35.96
2 Vallandigham, Jett L	65	MCM	51.57

## #4 Women 75-79 50 Yard Free

1 Haase, Jane M	79	WVM	58.63
-----------------	----	-----	-------

## #4 Women 80-84 50 Yard Free

1 Buder, Madonna M	81	UNAT	53.73
--------------------	----	------	-------

## #4 Men 18-24 50 Yard Free

1 Thorsnes, David	20	CWST	23.28
2 Williamson, Eric R	20	CWST	24.59
3 Johnson, Derek	18	CWST	24.66
4 Hooper, Brady	22	LCM	24.94
5 Daling, Ian	19	CWST	26.61
6 Olden, Levi	21	CWST	26.93

## #4 Men 30-34 50 Yard Free

1 Cochran, Mike J	31	WVM	33.29
-------------------	----	-----	-------

## #4 Men 35-39 50 Yard Free

1 Hodgson, Mark	39	SWAT	37.32
-----------------	----	------	-------

## #4 Men 45-49 50 Yard Free

1 Breidenbach, Jim A	47	SWAT	29.97
----------------------	----	------	-------

## #4 Men 50-54 50 Yard Free

1 Powell, Frank	51	UNAT	27.10
2 Sheahan, Dan	54	SWAT	27.47
3 Harger, Stephen F	52	MLMR	27.77

## #4 Men 55-59 50 Yard Free

1 Mocabee, Richard D	58	SWAT	43.18
----------------------	----	------	-------

## #4 Men 60-64 50 Yard Free

1 Waggoner, Bill	64	LCM	38.22
------------------	----	-----	-------

## SWAT 4th Annual Sink or Swim Meet - 10/22/2011

## Results

## #4 Men 65-69 50 Yard Free

1	Brown, Wayne R	69	WVM	30.55
2	Magee, Patrick J	69	WVM	44.04

## #4 Men 80-84 50 Yard Free

1	Bresko, William J	83	FAF	56.59
---	-------------------	----	-----	-------

## #5 Women 18-24 100 Yard Breast

1	Lawrence, Lana	19	LCM	1:22.39
		39.91	42.48	

## #5 Women 65-69 100 Yard Breast

1	Vallandigham, Jett L	65	MCM	2:08.16
		59.42	1:08.74	

## #5 Women 80-84 100 Yard Breast

1	Buder, Madonna M	81	UNAT	2:52.84
		1:19.86	1:32.98	

## #5 Men 25-29 100 Yard Breast

1	Brosius, Bryan	26	OEVT	1:26.74
		41.24	45.50	

## #5 Men 30-34 100 Yard Breast

1	Cochran, Mike J	31	WVM	1:30.03
		42.85	47.18	

## #5 Men 40-44 100 Yard Breast

1	Steenhuis, Harm-Jan	44	SWAT	1:15.34
		36.22	39.12	

## #5 Men 50-54 100 Yard Breast

1	Ridgway, Eric	50	SWAC	1:19.05
		37.78	41.27	

## #5 Men 55-59 100 Yard Breast

1	Tanner, Stephen A	58	LCM	1:34.23
		44.75	49.48	
2	Wendel, Kurt S	58	WVM	1:45.83
		50.12	55.71	

## #5 Men 60-64 100 Yard Breast

1	Henager, Robert F	61	MCM	1:40.17
		47.61	52.56	

## #5 Men 65-69 100 Yard Breast

1	Brown, Wayne R	69	WVM	1:28.45
		41.60	46.85	

## #5 Men 80-84 100 Yard Breast

1	Bresko, William J	83	FAF	2:46.18
		1:17.64	1:28.54	

## #6 Women 18-24 200 Yard Back

1	Lawrence, Lana	19	LCM	2:20.55
		33.70	34.75	36.53
				35.57

## #6 Women 35-39 200 Yard Back

1	Lehrer, Nadine	35	WVM	3:38.75
		51.04	55.57	57.24
				54.90

## #6 Women 40-44 200 Yard Back

1	Bunce, Angela D	40	LCNM	3:11.67
		44.12	48.76	48.88
				49.91

## #6 Men 50-54 200 Yard Back

1	Powell, Frank	51	UNAT	2:58.71
		36.61	42.87	48.56
				50.67

## #6 Men 60-64 200 Yard Back

1	Henager, Robert F	61	MCM	4:06.46
		54.36	1:03.84	1:05.62
				1:02.64

## #7 Women 18-24 50 Yard Fly

1	Semenko, Stephanie E	21	SWAT	33.03
2	Henderson, Sierra	20	CWST	36.01

## #7 Women 30-34 50 Yard Fly

1	Adams, Noelle D	30	LCM	35.71
---	-----------------	----	-----	-------

## #7 Women 40-44 50 Yard Fly

1	Friedman, Heidi L	43	SWAT	32.03
---	-------------------	----	------	-------

## #7 Women 80-84 50 Yard Fly

---	Buder, Madonna M	81	UNAT	DQ
-----	------------------	----	------	----

## #7 Men 18-24 50 Yard Fly

1	Thorsnes, David	20	CWST	25.27
2	Hooper, Brady	22	LCM	29.26

## #7 Men 30-34 50 Yard Fly

1	Adams, James A	34	WVM	26.24
2	Cochran, Mike J	31	WVM	46.77

## #7 Men 55-59 50 Yard Fly

1	Wendel, Kurt S	58	WVM	47.01
---	----------------	----	-----	-------

## #7 Men 80-84 50 Yard Fly

1	Bresko, William J	83	FAF	1:34.96
---	-------------------	----	-----	---------

## #8 Women 35-39 200 Yard IM

1	Lehrer, Nadine	35	WVM	3:30.42
		49.56	56.09	57.10
				47.67

## #8 Women 55-59 200 Yard IM

1	Hair, Margaret	56	LCM	2:56.02
		38.30	47.87	49.64
				40.21

## #8 Men 18-24 200 Yard IM

1	Peterson, Matthew A	21	CWST	2:23.32
		28.37	36.99	45.07
				32.89

## #8 Men 25-29 200 Yard IM

1	Brosius, Bryan	26	OEVT	2:45.29
		33.51	43.17	51.04
				37.57

## #8 Men 50-54 200 Yard IM

1	Ridgway, Eric	50	SWAC	2:53.22
		38.21	49.86	44.25
				40.90

## #8 Men 55-59 200 Yard IM

1	Morrison, Robert W	57	LCM	2:47.70
		34.03	48.79	45.77
				39.11

## #9 Men 25+ 400 Yard Free Relay

1	WVM	A	5:19.84
	Adams, James A M34	Bevier, Jack M79	
	Wendel, Kurt S M58	Cochran, Mike J M31	
		25.88	53.80
		42.86	1:33.85
		14.43	41.60
		45.36	2:10.59

## #9 Mixed 18+ 400 Yard Free Relay

1	SWAT	B	6:14.80
	Hodgson, Mark M39	Johnson, Emily C W56	
	Mocabee, Richard D M58	Semenko, Stephanie E W21	
		38.17	1:21.64
		59.00	2:16.59
		37.37	2:00.28
		36.29	

## #9 Mixed 25+ 400 Yard Free Relay

1	SWAT	A	4:21.94
	Friedman, Heidi L W43	Breidenbach, Jim A M47	
	Balz, Erica J W34	Sheahan, Dan M54	
		29.88	1:03.05
		33.98	1:11.62
		31.35	1:04.95
		29.61	1:02.32

## #9 Mixed 35+ 400 Yard Free Relay

1	WVM	A	7:22.01
	Lehrer, Nadine W35	Wendel, Teresa L W58	
	Haase, Jane M W79	Magee, Carolyn M W65	
		46.72	1:37.60
		51.28	1:54.92
		56.15	2:10.56
		44.93	1:38.93

## #10 Women 18-24 100 Yard Free

1	Barringer, Danika	19	CWST	1:04.28
		30.62	33.66	
2	Lawrence, Lana	19	LCM	1:06.64
		31.29	35.35	
3	Henderson, Sierra	20	CWST	1:07.28
		32.61	34.67	

## #10 Women 30-34 100 Yard Free

1	Kato, Jessica	33	WVM	1:40.11
		46.21	53.90	

## #10 Women 40-44 100 Yard Free

1	Friedman, Heidi L	43	SWAT	1:02.66
		30.04	32.62	

## #10 Women 50-54 100 Yard Free

1	Borg, Jane L	50	MLMR	1:15.44
		36.07	39.37	
2	Knight, Virginia	51	OEVT	1:37.61
		46.02	51.59	

## #10 Women 55-59 100 Yard Free

1	Hair, Margaret	56	LCM	1:10.49
		34.51	35.98	
2	Wendel, Teresa L	58	WVM	1:39.55
		47.46	52.09	
3	Johnson, Emily C	56	SWAT	2:12.16
		1:00.36	1:11.80	

## #10 Women 65-69 100 Yard Free

1	Magee, Carolyn M	65	WVM	1:21.13
		39.23	41.90	

## SWAT 4th Annual Sink or Swim Meet - 10/22/2011

## Results

<b>(#10 Women 65-69 100 Yard Free)</b>							
2	Vallandigham, Jett L	65	MCM	1:58.69			
	55.11	1:03.58					
<b>#10 Women 75-79 100 Yard Free</b>							
1	Haase, Jane M	79	WVM	2:15.23			
<b>#10 Women 80-84 100 Yard Free</b>							
1	Buder, Madonna M	81	UNAT	1:58.54			
	55.59	1:02.95					
<b>#10 Men 18-24 100 Yard Free</b>							
1	Thorsnes, David	20	CWST	52.15			
	25.01	27.14					
2	Johnson, Derek	18	CWST	56.35			
	27.32	29.03					
3	Olden, Levi	21	CWST	1:00.42			
	29.12	31.30					
4	Daling, Ian	19	CWST	1:02.41			
<b>#10 Men 30-34 100 Yard Free</b>							
1	Cochran, Mike J	31	WVM	1:18.68			
	36.80	41.88					
<b>#10 Men 35-39 100 Yard Free</b>							
1	Hodgson, Mark	39	SWAT	1:24.27			
	39.06	45.21					
<b>#10 Men 45-49 100 Yard Free</b>							
1	Breidenbach, Jim A	47	SWAT	1:07.04			
	32.45	34.59					
2	Bronson, Matthew F	45	FAF	1:10.98			
	33.28	37.70					
<b>#10 Men 50-54 100 Yard Free</b>							
1	Sheahan, Dan	54	SWAT	1:00.86			
	28.98	31.88					
<b>#10 Men 55-59 100 Yard Free</b>							
1	Tanner, Stephen A	58	LCM	1:10.12			
	34.12	36.00					
2	Wendel, Kurt S	58	WVM	1:17.26			
	36.76	40.50					
3	Mocabee, Richard D	58	SWAT	1:38.72			
	44.74	53.98					
<b>#10 Men 60-64 100 Yard Free</b>							
1	Waggoner, Bill	64	LCM	1:30.85			
	43.14	47.71					
<b>#10 Men 65-69 100 Yard Free</b>							
1	Magee, Patrick J	69	WVM	1:52.07			
	49.31	1:02.76					
<b>#10 Men 75-79 100 Yard Free</b>							
1	Bevier, Jack	79	WVM	1:21.27			
	36.60	44.67					
<b>#11 Women 65-69 200 Yard Breast</b>							
1	Vallandigham, Jett L	65	MCM	4:46.89			
	1:02.19	1:14.44	1:17.93	1:12.33			
<b>#11 Men 40-44 200 Yard Breast</b>							
1	Steenhuis, Harm-Jan	44	SWAT	2:52.34			
	39.75	44.68	45.45	42.46			
<b>#11 Men 50-54 200 Yard Breast</b>							
1	Ridgway, Eric	50	SWAC	2:55.47			
	41.73	46.09	44.41	43.24			
<b>#11 Men 60-64 200 Yard Breast</b>							
1	Henager, Robert F	61	MCM	3:56.31			
	52.64	59.10	1:02.91	1:01.66			
<b>#11 Men 65-69 200 Yard Breast</b>							
1	Brown, Wayne R	69	WVM	3:16.68			
	44.55	50.39	51.20	50.54			
<b>#12 Women 18-24 50 Yard Back</b>							
1	Semenko, Stephanie E	21	SWAT	34.67			
<b>#12 Women 30-34 50 Yard Back</b>							
1	Balz, Erica J	34	SWAT	33.81			
2	Adams, Noelle D	30	LCM	35.15			
3	Kato, Jessica	33	WVM	52.80			
<b>#12 Women 35-39 50 Yard Back</b>							
1	Lehrer, Nadine	35	WVM	46.59			
<b>#12 Women 50-54 50 Yard Back</b>							
--	Knight, Virginia	51	OEVT	DQ			
<b>#12 Women 55-59 50 Yard Back</b>							
1	Wendel, Teresa L	58	WVM	48.37			
<b>#12 Women 60-64 50 Yard Back</b>							
1	Waggoner, Gloria	64	LCM	42.37			
<b>#12 Women 65-69 50 Yard Back</b>							
1	Magee, Carolyn M	65	WVM	45.74			
<b>#12 Women 75-79 50 Yard Back</b>							
1	Haase, Jane M	79	WVM	1:16.22			
<b>#12 Men 18-24 50 Yard Back</b>							
1	Johnson, Derek	18	CWST	29.66			
2	Williamson, Eric R	20	CWST	30.48			
<b>#12 Men 25-29 50 Yard Back</b>							
1	Brosius, Bryan	26	OEVT	36.83			
2	Higgins, Nate L	26	UNAT	58.74			
<b>#12 Men 50-54 50 Yard Back</b>							
1	Powell, Frank	51	UNAT	32.31			
<b>#12 Men 55-59 50 Yard Back</b>							
1	Tanner, Stephen A	58	LCM	41.57			
<b>#12 Men 65-69 50 Yard Back</b>							
1	Magee, Patrick J	69	WVM	1:05.39			
<b>#12 Men 75-79 50 Yard Back</b>							
1	Bevier, Jack	79	WVM	55.64			
<b>#12 Men 80-84 50 Yard Back</b>							
1	Bresko, William J	83	FAF	1:26.93			
<b>#13 Women 40-44 100 Yard Fly</b>							
1	Bunce, Angela D	40	LCNM	1:30.14			
	40.79	49.35					
<b>#13 Men 18-24 100 Yard Fly</b>							
1	Thorsnes, David	20	CWST	56.25			
	26.43	29.82					
2	Peterson, Matthew A	21	CWST	58.85			
	27.20	31.65					
<b>#13 Men 30-34 100 Yard Fly</b>							
1	Adams, James A	34	WVM	58.24			
	27.01	31.23					
2	Cochran, Mike J	31	WVM	1:50.46			
	48.47	1:01.99					
<b>#14 Women 18+ 200 Yard Medley Relay</b>							
1	SWAT	A		2:27.64			
	Balz, Erica J W34	Semenko, Stephanie E W21					
	Friedman, Heidi L W43	Johnson, Emily C W56					
	38.89	34.44	39.52	34.79			
<b>#14 Men 18+ 200 Yard Medley Relay</b>							
1	CWST	A		1:55.34			
	Johnson, Derek M18	Olden, Levi M21					
	Peterson, Matthew A M21	Thorsnes, David M20					
	29.66	34.44	27.02	24.22			
<b>#14 Men 35+ 200 Yard Medley Relay</b>							
1	SWAT	A		2:44.19			
	Sheahan, Dan M54	Steenhuis, Harm-Jan M44					
	Breidenbach, Jim A M47	Hodgson, Mark M39					
	34.47	40.35	36.11	53.26			
<b>#14 Mixed 25+ 200 Yard Medley Relay</b>							
1	WVM	A		2:47.08			
	Wendel, Teresa L W58	Lehrer, Nadine W35					
	Adams, James A M34	Cochran, Mike J M31					
	52.32			39.21			
<b>#14 Mixed 35+ 200 Yard Medley Relay</b>							
1	LCM	A		2:17.29			
	Adams, Noelle D W30	Tanner, Stephen A M58					
	Hair, Margaret W56	Waggoner, Bill M64					
	35.30	14.74	26.61	1:00.64			
<b>#14 Mixed 65+ 200 Yard Medley Relay</b>							
1	WVM	A		3:16.59			
	Magee, Carolyn M W65	Brown, Wayne R M69					
	Bevier, Jack M79	Haase, Jane M W79					
	46.86	38.54	56.93	54.26			
<b>#15 Women 30-34 200 Yard Free</b>							
1	Balz, Erica J	34	SWAT	2:22.70			
	33.69	35.75	37.01	36.25			
<b>#15 Women 40-44 200 Yard Free</b>							
1	Friedman, Heidi L	43	SWAT	2:20.29			
	31.19	34.87	37.09	37.14			
2	Bunce, Angela D	40	LCNM	2:48.02			
	39.29	43.10	42.84	42.79			

## SWAT 4th Annual Sink or Swim Meet - 10/22/2011

## Results

<b>#15 Women 50-54 200 Yard Free</b>				<b>#16 Men 55-59 50 Yard Breast</b>				<b>#19 Women 18-24 100 Yard IM</b>						
1	Borg, Jane L	50	MLMR	2:51.73	1	Tanner, Stephen A	58	LCM	41.89	1	Lawrence, Lana	19	LCM	1:10.85
	39.23	43.50	44.81	44.19		2	Wendel, Kurt S	58	WVM	48.09		32.35	38.50	
<b>#15 Men 18-24 200 Yard Free</b>				<b>#16 Men 60-64 50 Yard Breast</b>				<b>#19 Women 30-34 100 Yard IM</b>						
1	Peterson, Matthew A	21	CWST	2:02.61	1	Henager, Robert F	61	MCM	43.01	1	Adams, Noelle D	30	LCM	1:19.60
	27.73	32.39	30.44	32.05		2	Magee, Patrick J	69	WVM	38.20		36.58	43.02	1:19.60
2	Olden, Levi	21	CWST	2:13.67					1:11.05	2	Kato, Jessica	33	WVM	2:12.12
	30.77	33.90	35.27	33.73	<b>#16 Men 65-69 50 Yard Breast</b>					59.71	1:12.41			
<b>#15 Men 25-29 200 Yard Free</b>				<b>#16 Men 80-84 50 Yard Breast</b>				<b>#19 Women 40-44 100 Yard IM</b>						
1	Brosius, Bryan	26	OEVT	2:14.53	1	Bresko, William J	83	FAF	1:05.75	1	Friedman, Heidi L	43	SWAT	1:14.52
	31.43	34.06	35.01	34.03							35.29	39.23		
<b>#15 Men 35-39 200 Yard Free</b>				<b>#17 Women 18-24 100 Yard Back</b>				<b>#19 Women 75-79 100 Yard IM</b>						
1	Hodgson, Mark	39	SWAT	3:16.46	1	Lawrence, Lana	19	LCM	1:05.06	1	Haase, Jane M	79	WVM	2:59.68
	41.71	48.20	51.80	54.75		32.16	32.90				31.85	38.50		
<b>#15 Men 50-54 200 Yard Free</b>				<b>#17 Women 30-34 100 Yard Back</b>				<b>#19 Men 18-24 100 Yard IM</b>						
1	Sheahan, Dan	54	SWAT	2:19.59	1	Balz, Erica J	34	SWAT	1:13.23	1	Williamson, Eric R	20	CWST	1:05.79
	32.14	35.55	36.37	35.53		36.32	36.91				28.73	37.06		
2	Ridgway, Eric	50	SWAC	2:45.07	2	Adams, Noelle D	30	LCM	1:18.57	2	Daling, Ian	19	CWST	1:10.35
	35.78	41.75	44.50	43.04		38.37	40.20				31.85	38.50		
<b>#15 Men 55-59 200 Yard Free</b>				<b>#17 Women 40-44 100 Yard Back</b>				<b>#19 Men 25-29 100 Yard IM</b>						
1	Morrison, Robert W	57	LCM	2:25.83	1	Bunce, Angela D	40	LCNM	1:29.82	1	Brosius, Bryan	26	OEVT	1:12.03
	32.10	37.06	38.98	37.69		44.07	45.75				34.78	37.25		
<b>#15 Men 60-64 200 Yard Free</b>				<b>#17 Women 55-59 100 Yard Back</b>				<b>#19 Men 40-44 100 Yard IM</b>						
1	Waggoner, Bill	64	LCM	3:37.66	1	Wendel, Teresa L	58	WVM	2:00.78	1	Steenhuis, Harm-Jan	44	SWAT	1:13.63
	46.55	53.35	1:57.76			58.45	1:02.33				36.48	37.15		
<b>#16 Women 18-24 50 Yard Breast</b>				<b>#17 Women 60-64 100 Yard Back</b>				<b>#19 Men 45-49 100 Yard IM</b>						
1	Semenko, Stephanie E	21	SWAT	40.41	1	Waggoner, Gloria	64	LCM	1:38.98	1	Bronson, Matthew F	45	FAF	1:27.32
						48.88	50.10				41.09	46.23		
2	Sawyers, Emily	23	LCM	44.06	<b>#17 Women 65-69 100 Yard Back</b>				<b>#19 Men 50-54 100 Yard IM</b>					
<b>#16 Women 30-34 50 Yard Breast</b>				<b>#17 Men 18-24 100 Yard Back</b>				<b>#19 Men 65-69 100 Yard IM</b>						
1	Kato, Jessica	33	WVM	1:05.14	1	Johnson, Derek	18	CWST	1:04.91	1	Brown, Wayne R	69	WVM	1:25.24
						32.10	32.81				40.47	44.77		
<b>#16 Women 50-54 50 Yard Breast</b>				<b>#17 Men 50-54 100 Yard Back</b>				<b>#20 Women 18-24 500 Yard Free</b>						
1	Borg, Jane L	50	MLMR	45.60	1	Powell, Frank	51	UNAT	1:15.83	1	Henderson, Sierra	20	CWST	7:07.19
						37.15	38.68				1:28.61			
<b>#16 Women 55-59 50 Yard Breast</b>				<b>#17 Men 60-64 100 Yard Back</b>										
1	Hair, Margaret	56	LCM	40.31	1	Henager, Robert F	61	MCM	1:47.25					
						51.91	55.34							
<b>#16 Women 65-69 50 Yard Breast</b>				<b>#18 Men 18-24 200 Yard Fly</b>										
1	Vallandigham, Jett L	65	MCM	58.15	1	Peterson, Matthew A	21	CWST	2:27.00					
						29.92	36.64	40.76	39.68					
<b>#16 Women 75-79 50 Yard Breast</b>				<b>#18 Men 30-34 200 Yard Fly</b>										
1	Haase, Jane M	79	WVM	1:36.99	1	Adams, James A	34	WVM	2:10.41					
						28.30	33.19	34.44	34.48					
<b>#16 Men 18-24 50 Yard Breast</b>				<b>#18 Men 75-79 200 Yard Fly</b>										
1	Hooper, Brady	22	LCM	34.59	---	Bevier, Jack	79	WVM	DQ					
						58.05	1:12.29	1:20.91	1:22.08					

## SWAT 4th Annual Sink or Swim Meet - 10/22/2011

## Results

## #20 Women 30-34 500 Yard Free

1	Balz, Erica J	34	SWAT	6:20.82
	34.19	36.94	38.80	39.17
	39.11	39.19	39.07	39.33
	38.78	36.24		

## #20 Women 50-54 500 Yard Free

1	Borg, Jane L	50	MLMR	7:41.89
	41.18	45.11	46.85	46.89
	46.62	47.32	47.78	47.22
	47.64	45.28		

## #20 Women 65-69 500 Yard Free

1	Magee, Carolyn M	65	WVM	8:03.34
	44.05	49.02	49.50	49.71
	49.40	48.52	48.46	49.74
	49.20	45.74		

## #20 Men 18-24 500 Yard Free

1	Olden, Levi	21	CWST	6:19.03
	31.97	36.29	37.91	38.59
	38.82	39.73	40.31	39.71
	39.37	36.33		

## #20 Men 30-34 500 Yard Free

1	Adams, James A	34	WVM	5:13.14
	27.42	30.70	31.67	32.32
	32.37	31.79	32.00	32.11
	31.94	30.82		

## #20 Men 45-49 500 Yard Free

1	Bronson, Matthew F	45	FAF	7:12.31
	38.59	42.27	43.44	44.56
	44.95	45.24	44.82	44.96
	43.75	39.73		

## #20 Men 50-54 500 Yard Free

1	Sheahan, Dan	54	SWAT	6:33.80
	34.21	38.21	39.01	40.28
	40.18	40.39	41.06	41.24
	40.77	38.45		

## #20 Men 55-59 500 Yard Free

1	Morrison, Robert W	57	LCM	6:59.51
	35.30	39.71	42.01	43.22
	43.10	43.24	44.11	43.31
	43.61	41.90		
2	Tanner, Stephen A	58	LCM	7:17.08
	38.60	41.49	43.86	44.88
	44.90	45.09	45.36	46.31
	44.79	41.80		
3	Wendel, Kurt S	58	WVM	7:49.61
			47.98	48.62
	48.30	48.12	47.66	47.84
	47.58	45.00		
4	Mocabee, Richard D	58	SWAT	10:17.75
	46.97	56.90	1:02.51	1:03.98
	1:05.50	1:05.74	1:05.91	1:04.26
	1:05.07	1:00.91		

## #20 Men 75-79 500 Yard Free

1	Bevier, Jack	79	WVM	9:00.89
			55.73	56.65
	55.96	56.39	56.10	56.32
	55.15	52.68		

## Combined Team Scores

## Combined Team Scores - Through Event 20

1.	Wenatchee Valley Masters	453
2.	Spokane Waves Aquatic Masters	337
3.	Lake City Masters	280
4.	Central Washington	190
5.	Moscow Chinook Masters	68
6.	Fairchild Airforce Base	55
7.	Moses Lake Manta Rays	46
8.	Sandpoint	33
8.	Lewis Clark Neptunes Masters	33